

Sea Base Blessing

Bless the creatures of the Sea
Bless this person I call me
Bless the Keys, You make so grand
Bless the sun that warms the land
Bless the fellowship we feel
As we gather for this meal.
Amen





Mission Statement

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetime by instilling in them the values of the Scout Oath and Law.



National High Adventure Sea Base

Mission Statement

It is the mission of the Florida National High Adventure Sea Base to serve councils and units by providing an outstanding high adventure experience for older Boy Scouts, Varsity Scouts, Venturers, Sea Scouts and their leaders.

Sea Base programs are designed to achieve the principal aims of the Boy Scouts of America:

- To build character
- To foster citizenship
- To develop physical, mental and emotional fitness

Sea Base History & Overview

Florida Gateway to High Adventure

In 1974 a collection of Boy Scout volunteers from Miami and Atlanta along with South Florida Council District Executive Sam Wampler began offering ocean based aquatic programs via rented and borrowed equipment in South Florida and the Bahamas. In consecutive summers seventy to eighty individuals were certified in scuba diving and in 1977 the program was extended to include sailing aboard chartered vessels.

Florida Gateway to High Adventure becomes Florida National High Adventure Sea Base

Given significant growth 1974–1978, it became evident that a permanent site was needed to facilitate Florida Gateway to High Adventure programs. With a legacy gift by the Fleishman Foundation in 1979, Toll Gate Inn and Marina on Lower Matecumbe Key was secured, its buildings renovated and dormitories built. Florida National High Adventure Sea Base was born.

In 1982 Homer Formby donated Big Munson Island launching the Sea Base Out Island program.

Bahamas Sea Base officially began as a Florida National High Adventure Sea Base program in 1990.

Florida Sea Base Conference and Training Center opened in 1995 in the newly constructed Adams Building gifted in honor of BSA volunteer William L. Adams. Glenn Adams continues his father's legacy as a member of the Sea Base Committee.

With donated funding from the Brinton Trust, in honor of J. Porter Brinton, the Brinton Environmental Center opened in 2001.

Under the direction of General Manager Captain Paul Beal, Program Directors Captain Mike and Kelly Lucivero, St. Thomas Sea Base began operation in 2014.

Florida National High Adventure Sea Base

Florida National High Adventure Sea Base is blessed to boast the largest Newton Dive Vessel Fleet in South Florida, operate one of the largest 5 Star PADI Dive IDC Resorts in the world, charter more crewed sailing vessels than any other single entity in North America providing opportunities for discovery in the Florida Keys, Bahamas and US Virgin Islands.

Looking forward to 2017, Florida National High Adventure Sea Base including the Brinton Environmental Center, Munson Island, Bahamas Sea Base, St. Thomas Sea Base and Florida Sea Base Conference Center will serve an estimated 15,000 traditional Scout participants. The most in Sea Base history.

SEA BASE TALENT AND PHOTO RELEASE

All BSA Sea Base participants, parents and legal guardians of participants are informed that photographs, film, video, electronic representations and/or sound recordings may be made and/or captured during their Sea Base Adventure. These images, recordings may be used for training and promotion purposes for Sea Base.

Each Sea Base participant and parent, and legal guardian of participant, by completing the required Annual Health and Medical Record "Part A: Informed Consent, Release Agreement, and Authorization," will fulfill the necessary Talent Release requirements for Sea Base BSA. For complete statement refer to BSA Annual Health and Medical Record.

Sea Base Social Media

Posts made by units or individuals to Sea Base Social Media Channels; Twitter, Facebook, Instagram, YouTube may be shared, as is standard, to other Sea Base and BSA Social Media Channels.

A Personalized Guide to Your Sea Base High Adventure

Name	BSA-LFL Registration Number	
Sea Base Adventure	ture Adventure Number	
Adventure Location		
Sea Base Adult Crew Leader Nam	pePhone	
Sea Base Youth Crew Leader	Phone	
Arrival Date Depart	ture Date	
Travel Plans:	NE	
Names of your crew mates:		
Emergency Contact Information	n l	
	ouse/Parent)	
Emergency Contact Address		
Emergency Contact Phone Numb		
	3, Duty Officer (In season only) 305-664-7766	
Brinton Environmental Center 305-	664-5640, Duty Officer (In season only) 305-393-1076	
Bahamas Sea Base 305-664-4173		
St. Thomas Sea Base 305-664-4173	•	
Medical Emergency Florida & USVI	911	
Medical Emergency Marsh Harbou	r, Bahamas 911 or 242-367-2911	



Table Of Contents

Program	Locations	6-11

Eligibility Requirements All Programs 12–13

Policies and Procedures All Programs 14–16

Preparing for Sea Base All Programs 17–28

Bahamas Sea Base Programs **29–31**

Brinton Environmental Center Programs 32-41



- Sea Base Sailing Programs 42–48
- Sea Base Scuba Programs 49-56
- Sea Base St. Thomas Programs 57–59
- Scout Masters Minute, A Letter from the General Manager 60-61
 - Adult and Crew Leader Final Checklist 63
 - Resources 64

Florida Keys, United States

Home to the Florida Keys National Marine Sanctuary and Earth's third largest coral barrier reef, the Florida Keys stretch from Key Biscayne, past the Dry Tortugas to the Marquesas Keys.

A unique ecosystem of mangroves, sea grasses and coral support more than 6,000 marine species.

The original human inhabitants of the Keys were the Native Calusa. Known for their prowess as seafarers, it is possible that the Calusa were the first North Americans to established trade with Cuba.

Ponce De Leon became the first European to discover the Florida Keys in 1513 which he claimed along with all of Florida for the Spanish Monarch. Following discovery the Keys became home to pirates, privateers, wreckers and eclectic individuals seeking to make their mark.

Today the Florida Keys remain unique. Though only a few miles away from Miami, the islands remain unto themselves. Replacing pirates of old; treasure hunters, conservationists, marine biologists, boat captains and Scuba divers continue to seek adventure through exploration.

It is cloaked in this history and special marine environment, the most diverse in the United States, that one finds the Florida National High Adventure Sea Base. Trade winds blow slightly each afternoon carrying the whispers of the Calusa and Ponce De Leon beckoning, Set Sail! Are you ready for adventure?

Florida Sea Base 73800 Overseas Highway, Islamorada, Florida

Located in the heart of the fabulous central Florida Keys, on a subtropical island south of Miami lies the Florida National High Adventure Sea Base.

Florida Sailing and Scuba programs are administered from Florida Sea Base in Islamorada.

Sailing Programs include Coral Reef Sailing, Sea Exploring and STEM Eco Adventure.

Scuba Programs include Scuba Certification, Scuba Adventure and Scuba Live Aboard.

Phone 305-664-4173 **Fax** 305-664-2039

Mailing P.O. Box 1906, Islamorada, FL 33036

Do not mail packages or letters to participants



Brinton Environmental Center 23800 Overseas Highway, Summerland Key, Florida The Brinton Environmental Center (BEC), located on Summerland Key 20 miles

The Brinton Environmental Center (BEC), located on Summerland Key 20 miles east of Key West.

Brinton Environmental Center programs include Fishing Adventure, Keys Adventure and Out Island Adventure, STEM Marine Adventure, Order of the Arrow Ocean Adventure.

Phone 305-664-5640 **Fax** 305-664-5650 **Mailing** P.O. Box 1906, Islamorada, FL 33036

Do not mail packages or letters to participants



Abaco, Bahamas

Spanning 120 miles, the Abacos are a collection of Islands and Cays in North East Bahamas often referred to as The Family or Friendly Islands. Originally inhabited by native Lucayan, the Bahamas were first visited by Christopher Columbus on behalf of Spain in 1492.

Buccaneers, privateers and pirates controlled the waters of the Caribbean, including the Abacos, throughout the late 1600 and early 1700's. The likes of Calico Jack Rackam, Henry Morgan and Blackbeard held port in the Abacos for durations until Woodes Rogers was appointed Bahamian Governor by England in 1718 and eradicated piracy.

English Loyalists escaping the American Revolution sought refuge and began to settle Abaco in 1783. These islands and cays, part of the Bahamian Archipelago, form the Sea of Abaco; a calm body of water providing protection from the tumultuous seas that lay beyond. Finding peaceful waters and respite from war, the English built settlements that continue to present. Hopetown, Man-o-war, Cherokee Point have a distinct European flair evidenced in architecture, food, customs and persons.

Treasure resides in Abaco's unique history and peoples but the islands riches lay in its waters. Home to the fourth largest barrier coral reef on Earth and regarded by some as the boating capital of the world, opportunities for adventure and discovery abound.

Is your crew ready to explore the steps of Christopher Columbus, pirates and colonialists? Unspoiled reefs, gentle seas and a unique people await you in the Abacos. Bahamas Sea Base awaits!



Bahamas Sea Base

Marsh Harbour is the largest settlement in the Abacos and home to Bahamas Sea Base. Provided your crew has passports and correct documentation for minors; participants will take a prepaid taxi from Marsh Harbour Airport (MHH) to Conch Inn and Marina where they will embark on the Sea of Abaco.

Bahamas Sea Base Sailing Programs are conducted from Conch Inn Marina, Marsh Harbour, Abaco, Bahamas. Inquiries should be directed to Sea Base in Islamorada.

Sailing Programs Include Bahamas Adventure for crew size 6–8, Bahamas Adventure for crew size 10–12, Bahamas Tall Ship Adventure for crew size 18–20. Programs are 6 nights and 7 days.

Phone 305-664-4173 **Fax** 305-664-2039 **Mailing** P.O. Box 1906, Islamorada, FL 33036

Do not mail packages or letters to participants



St. Thomas, United States Virgin Islands

United States Virgin Islands became a US Territory in 1917, secured much of St. John as a National Park in 1956 and added Virgin Islands Coral Reef National Monument in 2001. Located in the Lesser Antilles; USVI is comprised of St. Thomas, St. John, St. Croix and 50 smaller islets and cays stretching 133 square miles.

Native Cibony were the first inhabitants of USVI, later to be followed by the Arawaks who remained the dominate culture until being conquered by the warrior tribe Caribs for whom the Caribbean and cannibalism is named.

After discovering the New World, Bahamas in 1492, Christopher Columbus once again set sail in 1493 and after being blown off course landed in the Virgin Islands. Caribs promptly attacked and repelled Columbus.

Though repelled, Columbus claimed the Virgin Islands for Spain. After nearly a century of war with the Caribs, poor weather and little return, Spain abandoned the islands in 1596.

Since 1596, prior to 1917; Dutch, English, Spanish, French, Knights of Malta and Denmark all claimed ownership to the Virgin Islands. Additionally; pirates and privateers, including Sir Francis Drake and Blackbeard, held port in St. Thomas and St. John.

Discovered by Columbus, coveted by seven nations, surrounded by National Treasures, is where you will find USVI and Sea Base St. Thomas. Set sail towards adventure!



Sea Base St. Thomas

St. Thomas is surrounded by culture, history, National Parks and home to St. Thomas Sea Base. Either US Passports or Birth Certificates (photo copies are acceptable) and State Issued ID are required; participants will take a prepaid taxi from STT Airport to Sapphire Beach Resort and Marina.

St. Thomas Sea Base Sailing Programs are conducted from Sapphire Marina on St. Thomas, USVI. Inquiries should be directed to Sea Base in Islamorada.

Sailing Programs include the St. Thomas Adventure for crews of 6–8. Programs are 6 nights and 7 days.

Phone 305-664-4173 **Fax** 305-664-2039 **Mailing** P.O. Box 1906, Islamorada, FL 3303

Do not mail packages or letters to participants



Eligibility Requirements All Programs

No Exceptions Granted

In accordance with BSA Policy, all rules for participation are the same for everyone without regard to race, color, national origin, age, sex, sexual orientation, or special needs.

Due to the nature of Sea Base programs and locations all Sea Base Eligibility Requirements are mandatory and no exceptions will be granted. Please do not expect or request exceptions. Units should prescreen all youth and adult participants well in advance of their Sea Base Adventure as it is the Units responsibility to comply, ensure compliance to Eligibility Requirements.

Individuals who do not meet Sea Base Eligibility Requirements will not be permitted to participate in a Sea Base Adventure. Anyone arriving at Sea Base who does not meet the listed criteria will be sent home.

Registered: All participants must be registered members of the BSA or Learning for Life Incorporated.

Proper Adult Supervision: Have (2) adult leaders per Sea Base Crew; Troops, Teams must have (1) adult over 21 and another over 18. Venture Crews, Posts, Ships must have (2) adults over 21. Troops, Teams, Crews, Posts, Ships with either male and female participants or leaders must have male and female leadership over the age of 21.

Minimum Age Requirement: Sea Base participants must be 13 years of age and graduated or graduating from the 8th grade in the season of their arrival OR be 14 years of age by September 1 in the year of their adventure as evidenced on their Annual Health and Medical Record

Annual Health and Medical Records:

Sea Base participants must be in good health. All participants must provide a current and complete BSA Annual Health and Medical Record signed by a physician. BSA Annual Health and Medical Records are good for 12 months from the end of the month in which they were completed. The form can be found on the Sea Base website www.bsaseabase.org/resources/forms. No other form will be accepted. Out of date forms will not accepted. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Insurance: All participants must provide a front and back copy of their current Health Insurance Card.

Maximum Weight: No Sea Base participant, youth or adult, may weigh over 295 pounds. Individuals exceeding the weight limit will vacate their adventure and be sent home at their own expense

BSA Swim Test: All Sea Base participants must complete a BSA Swim Test in a strong manner prior to arrival. Participants will be required to complete a Swim Review upon arrival.

Adult Leader Training: Every adult participant must be registered with the BSA and complete Boy Scout or Venturing Youth Protection Training, BSA Safe Swim Defense and BSA Safety Afloat, and BSA Weather Hazards.

Adult Leader Training: It is required that one adult leader in each crew completes Wilderness First Aid (WFA) & CPR or hold a higher professional

certification. Multiple crews require multiple trained leaders. It is recommended that every adult leader in each crew completes WFA and CPR.

SCUBA Eligibility Requirements: Reservations are subject to cancellation if due dates are not met

Scuba Participants are held to a high medical standard due to the inherent risks associated with Scuba Diving. Individuals seeking to participate in Scuba programs must meet Seas Base Eligibility Requirements, Scuba BSA requirements, Sea Base Risk Advisories and be approved by their physician. Final decisions for clearance rest with Sea Base Medical Director.

Scuba Certification Participants: All Scuba Certification Participants must complete PADI Standard Safe Diving Practices Statement of Understanding, PADI General Training Release along with the BSA Annual Health and Medical Record Parts A, B no later than January 1 for Spring Crews, March 1 for Summer Crews. BSA Annual Health and Medical Record Part C and PADI Medical Statement is due 30 days prior to arrival. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Scuba Adventure and Scuba Live **Aboard Participants: Individuals** participating in these programs must complete PADI Release for Certified Divers along with the BSA Annual Health and Medical Record Parts A,B no later than January 1 for Spring Crews, March 1 for Summer Crews. BSA Annual Health and Medical Record Part C and PADI Medical is due 30 days prior to arrival. All Scuba participants must provide a copy of their Dive Certification Card from a Scuba BSA recognized agency. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Policies and Procedures

All participants and crews must adhere to Sea Base Eligibility Requirements and provide necessary paperwork including; Sea Base Crew Roster, copy of BSA Tour Plan and Activity Plan, complete BSA Annual Health and Medical Record signed by physician for each participant, Wilderness First Aid Training and CPR cards for one leader per crew, BSA Youth Protection, BSA Weather Hazards, Safe Swim and Safety Afloat Training Certificates for every adult leader. In addition to paper copies, these documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Online Entry: All of the above should be entered and/or downloaded into the Sea Base Registration site no later than January 1 for Spring Crews and no later than March 1 for Summer Crews. Sea Base understands that there may be changes to your roster, please input changes as quickly as possible. Crews must still bring paper copies as outlined.

Youth Protection: Sea Base Crews must adhere to Youth Protections policies and have at least (2) adult leaders per crew; Troops, Teams must have (1) adult over 21 and another over 18. Venture Crews, Posts, Ships must have (2) adults over 21. Troops, Teams, Crews, Ships, Posts with male and female participants and/or leaders must have both male and female leadership over the age of 21.

Youth Crew Leader: Crews must elect a seasoned, responsible Youth Crew Leader; NYLT, NAYLE, SEAL training recommended.

Scuba Forms: Sea Base Scuba Participants must complete additional forms and as dictated by Sea Base Eligibility Requirements. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

BSA Recognized Scuba Training Agencies: The Boy Scouts of America only accepts certification from R.S.T.C. or W.R.S.T.C. recognized training agencies including: NASDS, PADI, PDIC, SSI, SDI, RAID, YMCA and NAUI.

Unaccompanied Minor Travel Form: Sea Base Bahamas Participants must obtain a US Passport and unaccompanied minors must complete and have notarized the Sea Base Unaccompanied Minor Travel Form www.bsaseabase.org/resources/forms.

Sea Base St. Thomas Travel ID: Participants must obtain a US Passport <u>OR</u> bring a State Issued ID and Birth Certificate.

Sea Base St. Thomas & Bahamas Sea Base Travel: Crews must provide a complete Sea Base Travel Form 90 days prior to arrival.

Packing for Bahamas Sea Base and St. Thomas Sea Base: Crews must bring no more than (1) 24 inch duffle bag per person and no more than (2) oversized military style duffle bag per crew. Luggage, framed backpacks, wheeled bags are not permitted. Storage is not available. Custom Crew duffle bags are available for purchase at www.fsbshipstore.com.

Adult to Youth Ratios: Sea Base Crews musts have more youth than adult participants. Individuals under the age of 21 may be counted as youth participants.

Payment Schedule: All Sea Base Crews must adhere to Sea Base payment schedule including; \$100 per person deposit within 30 days of booking, Spring Crew ½ payment by September 1 of current year, Summer Crew ½ payment by October 1 of current year, 90 days prior to arrival final payments are due.

Sea Base Specific First Aid Kit: Each Sea Base crew is required to provide a Sea Base specific First Aid Kit.

Uniform: All participants, all locations are expected to arrive in either field or activity uniforms.

Arrival Time: Crews should arrive at Sea Base as close to 1pm as possible and not after 3pm.

Onsite Requirement: Once checked in, Sea Base crews are required to remain onsite. Crews or individuals who violate this policy vacate their Sea Base Adventure. Exceptions are made for religious or medical reasons only.

Parking: Sea Base has limited parking. Crews choosing to rent vehicles should consider a one day rental on the front

side of their adventure and a single day rental on the back side of their adventure. Sea Base in Islamorada provides daily transport to Marathon Airport and Brinton Environmental Center to Key West Airport to secure or drop off rental vehicles.

Alcoholic Beverages or Illegal Substances: There is no place in the Boy Scouts of America for the possession or use of alcohol or illegal substances. Anyone found in violation of this policy will be asked to vacate their Sea Base Adventure and may be reported to local law enforcement and their local council.

Smoking: Smoking is permitted only in designated areas.

Scout Appropriate Language: Sexual conversations of any nature including "jokes" are prohibited. Racial, ethnic, religious, sexist and sexual orientation slurs are prohibited. Coarse language is prohibited.

Bullying, Hazing, Fighting, Play Fighting, Wrestling: All of the listed is strictly prohibited.



Sexual Contact: Sexual contact of any nature including public display of affection is prohibited at Sea Base.

Age Restrictions & Showers: At age 18, Sea Base participants are considered adults. Adult males may only shower in adult male showers, youth males may only shower in youth male showers. Adult females may only shower in adult female showers, youth females may only shower on youth female showers.

Dormitories including common areas:

Males may not enter female dormitories and females may not enter male dormitories.

Swimming Attire: Swimming attire must be modest. For males, tight fitting swim bottoms or bottoms short enough to potentially cause exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one piece swimsuits are appropriate.

Attire: Attire worn by participants must not promote illegal drugs, alcohol, violence, sexual activity, racism, sexism, or bigotry.

Footwear: Footwear is a required for all participants while onshore.

Conservation: Sea Base participants must not touch or harm wildlife including coral. Sea Base participants must not take or collect rocks, shells, or marine species from prohibited or environmentally sensitive environments.

Cleanliness: Dorms, Base, Galley and Vessels are expected to be maintained by participants.

Disposal of Trash: Litter becomes marine debris and negatively impacts the Florida Keys NMS, Everglades National Park, USVI Coral Reef National Monument, Sea of Abaco and our ocean. Crews must ensure that all recycling and garbage is secured and placed in the correct receptacle.

Open Swimming: Open swimming at any Sea Base owned or contracted marina is prohibited.

Open Scuba: Only individuals participating in Scuba Certification, Scuba Adventure and Live Aboard may scuba dive at FSB.

Unplug: Use of phones, tablets and other transmission electronics should be restricted to emergency use. Please place phones in airplane mode and stow away.

Documenting your Adventure: Sea Base recommends you document your adventure. Go Pro Rentals and water proof cameras are available at Sea Base Ship Store www.fsbshipstore.com.

Food Restrictions: Alert Sea Base Food Service to known allergies and restrictions via Sea Base registration system.

Custom Crew Apparel: Sea Base provides units the opportunity to purchase Official Sea Base Custom Crew UPF 45 Activity Uniform long sleeve shirts, short sleeve shirts and wide brimmed hats at www.fsbshipstore.com.

Mail: Do not mail packages or letters to Sea Base participants.



Scout Oath and Law: Participants must know and abide by the Scout Oath and Law.



Preparing for Sea Base

Congratulations on your Sea Base lottery selection or open reservation.

Epic adventures begin with preparation. Long before arriving at Sea Base you and your unit should begin to physically, mentally and logistically prepare for your adventure.

In addition to Sea Base Requirements and Recommendations, units should consult the Guide to Safe Scouting, BSA Safe Swim and BSA Safety Afloat Guidelines, the BSA Tour and Activity Plan, BSA Field Book, and Scuba BSA Guidelines (scuba participants).

Every Sea Base participant should watch: A Reef Etiquette Video http://www.bsaseabase.org/Videos.aspx produced by NOAA.

Step 1 - Eligibility

The first and perhaps most important step in preparing for your adventure is to ensure that all participants understand and are committed to meeting Sea Base Eligibility Requirements and have been medically cleared by a licensed physician to participate.

Step 2 - Selecting Appropriate Leadership

All Florida Sea Base Crew Adult Leaders must be registered members of the BSA, completed Boy Scout or Venturing Youth Protection Training, completed BSA Safe Swim and Safety Afloat, be in good health weighing less than 295 pounds, be competent swimmers, and at least one must have completed Wilderness First Aid

and CPR. Every Sea Base Crew must adhere to Youth Protections policies and have at least (2) adult leaders per crew; Troops, Teams must have (1) adult over 21 and another over 18. Venture Crews, Posts, Ships must have (2) adults over 21. Troops, Teams, Crews, Ships, Posts with male and female participants or leaders must have both male and female leadership over the age of 21.

Florida Sea Base Crew Youth Leaders should be seasoned and capable. Sea Base Recommendation; Senior Patrol Leader, Venture President type position along with Kodiak, NYLT, SEAL, NAYLE or equivalent experience.

Step 3 - Create a Sea Base Preparation Plan and Calendar

It is essential that you and your crew form a plan to prepare for Sea Base. A good plan will include but not be limited to:

Crew Physical and Program Specific Training

Physical Training: Sea Base Adventures are aquatics based and require participants to be fit, competent swimmers weighing less than 295 pounds. It is recommended that your unit, in consultation with physicians and local council BSA Aquatics Director or a qualified aquatics professional, develops a crew training regimen. This regimen should include frequent pool training sessions, basic snorkeling instruction and the BSA Swim Test which is required.

Sailing Program Specific Training:

Bahamas, Florida Keys, St. Thomas Crews participating in Sea Base Sailing programs should:

- 1) Review Sea Base Guide to High Adventure Sailing and become acquainted with terms, techniques, marine heads and knots
- 2) Seek local sailing instruction
- Become proficient with nautical map and compass navigation

4) Seek local instruction regarding the use of VHF marine radios, safety flairs, man overboard procedures and drill potential emergency situations 5) Watch: A Reef Etiquette Video produced by NOAA*

★ Due to heat and humidity most sailing participants will choose to sleep on deck under the stars.

★ Sailing adventure boats are working vessels. Youth and adult participants will cook, clean, hoist the sails and more.

Scuba Certification Program Specific Training: Crews participating in Scuba Certification should:

- 1) Read PADI Open Water Diver Manual, complete Open Water Knowledge Reviews and Watch PADI Open Water Diver Video prior to arrival at Sea Base (required).
- 2) Become proficient utilizing map and compass for navigation
- 3) Learn proper equalization techniques
- 4) Complete BSA Snorkel
- 5) Consider attending PADI Discover Scuba course
- 6) Seek local instruction regarding the use of VHF marine radios, safety flares, man overboard procedures
- 7) Watch: A Reef Etiquette Video produced by NOAA*

Scuba Adventure Program Specific Training: Crews participating in Scuba

Training: Crews participating in Scuba Adventure should:

- 1) Scuba dive regularly
- Review prior learning and consider a Scuba Review program
- 3) Become proficient with map and compass navigation
- 4) Seek local instruction regarding the use of VHF marine radios, safety flairs, man overboard procedures
- 5) Watch: A Reef Etiquette Video produced by NOAA*

Scuba Live Aboard Program Specific

Training: Crews participating in Scuba Adventure should:

- 1) Scuba dive regularly
- Review prior learning and consider a Scuba Review program

- 3) Become proficient with map and compass navigation
- 4) Review Sea Base Guide to High Adventure Sailing and become acquainted with terms, techniques, marine heads and knots
- 5) Seek local sailing instruction
- 6) Seek local instruction regarding the use of VHF marine radios, safety flairs, man overboard procedures and drill potential emergency situations 7) Watch: A Reef Etiquette Video produced by NOAA*
- ★ Due to heat and lack of bunk space most sailing participants will sleep on deck under the stars.
- ★ Scuba Live Aboard boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a sailing vessel.

Out Island & Keys Adventure Program Specific Training: Crews participating in Out Island or Keys Adventure should:

- 1) Go camping, preferably in aquatic settings
- Become proficient flat water paddlers
 Learn basic fishing skills including
 knots
- 4) Learn and review Leave No Trace Principals
- 5) Seek local instruction regarding the use of VHF marine radios, safety flairs, man overboard procedures and drill potential emergency situations
- 6) Watch: Out Island and Keys Adventure packing video*
- 7) Watch: A Reef Etiquette Video produced by NOAA*

Florida Fishing Adventure Program Specific Training: Crews Participating in Fishing Adventure should:

- 1) Go Fishing
- 2) Schedule fishing instruction with local professionals
- 3) Seek local instruction regarding the use of VHF marine radios, safety flairs, man overboard procedures and drill potential emergency situations 4) Watch: A Reef Etiquette Video produced by NOAA*

*Available at www.bsaseabase.org/videos

Sea Base Specific Unit Health and Safety Plan

Risk Advisory: Sea Base has an outstanding health and safety record. This is in part because crew leaders understand that Sea Base programs are remote and arrive prepared—trained to assume leadership responsibilities in emergency situations. Sea Base parents, quardians, adult leaders and participants are advised that Sea Base Adventures, including travel to and from Sea Base, can involve exposure to accidents, illness, injury associated with a physically demanding high adventure program conducted in a sometimes hostile aquatic environment. Participants may be confronted with severe weather conditions including extreme heat and humidity, tropical force storms and intense tropical sun. In addition to weather: the Florida Keys, Bahamas and USVI are home to sea creatures such as rays, jelly fish, sea urchins, coral, barracuda and sharks that pose a limited risk.

To limit risk and possibility of harm Sea Base requires:

- Prospective participants who are prescribed medication, for any purpose, should continue use as prescribed while at Sea Base.
 Participants should not discontinue use of medication prior to arriving or while at Sea Base unless directed by a physician. SCUBA ONLY: Certain drugs, specifically psychotropic drugs, may preclude individuals from participating in scuba programs. Visit www.bsaseabase.org for details.
- Prospective participants who have experienced any of the following conditions, relating to Cardiac-Cardiovascular Disease, to undergo a thorough evaluation by their treating physician and be medically cleared for high adventure before participation at Sea Base:

- Angina; Chest pain caused by coronary artery or congenital heart disease
- 2) Myocardial Infraction, Heart Attack
- Heart Surgery including angioplasty to treat coronary artery disease
- Stroke or Transient Ischemic attacks
- 5) Claudication
- 6) Family history of heart disease in individuals under 50
- Weight in excess of recommended guidelines
- Prospective participants who are
 Hypertensive; blood pressure
 greater than 140/90 should be
 treated and lower blood pressure to
 140/90 prior to arrival at Sea Base.
 If medications are taken they must
 be continued while at Sea Base as
 prescribed.
- Prospective participants with **Diabetes** may participate in Sea Base Adventures if:
 - They have been medically cleared by their physician.
 - 2) When taking insulin; they can give a self-injection.
 - 3) They are experienced to selfmonitor, manage diabetes in remote physically challenging environments. Sea Base should not be the first adventure for an individual with diabetes or for an individual with newly diagnosed diabetes.
 - They can adequately recognize hyperglycemia or hypoglycemia and can begin the appropriate initial response for these conditions.
 - At least one other crew member can adequately recognize hyperglycemia or hypoglycemia and can begin the appropriate initial response for these conditions.
 - They are not frequently hospitalized for diabetic ketoacidosis.

- 7) SCUBA ONLY: They do not use insulin to control diabetes. They have been medically cleared by their physician in consult with Divers Alert Network (DAN) and Sea Base Medical Director. Final decision for participation rests with Sea Base Medical Director.
- Prospective participants with a seizure disorder or **Epilepsy** may participate in Sea Base Adventures if:
 - 1) They have been medically cleared by their physician.
 - 2) Seizures are controlled with medication.
 - 3) They have been seizure free for one year.
 - 4) SCUBA ONLY: They have not had seizure activity within the previous 5 years. They do not take seizure medications. They have been medically cleared by their physician in consult with Divers Alert Network (DAN) and Sea Base Medical Director.

 Final decision for participation

Final decision for participation rests with Sea Base Medical Director.

- Prospective participants with Asthma may participate in Sea Base Adventures if:
 - 1) They have been medically cleared by their physician.
 - 2) They have not required frequent hospitalizations for asthma in the previous 6 years.
 - They are experienced to selfmonitor, manage asthma in remote physically challenging environments.
 - 4) Asthma is controlled to normalessentially normal lung function with the use of oral or aerosol bronchodilators and does not require the use of a nebulizer.
 - Exercise induced asthma can be controlled with bronchodilator premedication and do not require systemic corticosteroid therapy.
 - 6) They bring sufficient medication for the entire adventure; **all**

- persons having been treated for asthma in the previous 6 years must carry a full size prescribed inhaler for the length of the adventure.
- 7) SCUBA ONLY: They have not been prescribed medication including rescue inhalers within the previous 5 years. They have not had asthma symptoms within the previous 5 years OR have taken and passed a Methacholine Test and have been medically cleared by their treating physician in consult with Divers Alert Network (DAN) and Sea Base Medical Director.

 Final decision for participation rests with Sea Base Medical Director.
- Prospective participants with Mobility Limiting Diseases including arthritis may participate at Sea Base if:
 - 1) They have been medically cleared by their physician.
 - 2) Can pull themselves out of the water using a ladder.
 - At least one member of the crew understands the individuals' limitations and is available to assist
- Prospective participants with Sleep
 Apnea may participate at Sea Base if:
 - They have been medically cleared by their physician.
 - 2) They understand that they are responsible to provide battery support and may not have access to electricity if participating in Bahamas Sea Base, Coral Reef Sailing, STEM Eco Sailing, Out Island, Scuba Live Aboard, Sea Base St. Thomas, or Sea Exploring Adventures.
- Prospective participants with Excessive Body Weight may participate in a Sea Base Adventure if:
 - They have been cleared by their physician.
 - 2) They weigh less than 295 pounds. No exceptions will be granted.

3) SCUBA ONLY: SCUBA participants MUST NOT fly for at least 18 hours after their last dive. To reduce your risk of Decompression Sickness, your flight home should be scheduled for 8:00 am or later.

Campers Insurance: All participants are covered by limited Campers Accident and Sickness Plan. This insurance is a secondary policy. Please see plan provided as part of your unit packet for details.

Health Insurance: Every Sea Base participant should have health insurance and provide front and back copies of their insurance card. When not insured, Campers Accident and Sickness Plan becomes the primary provider.

Training: Sea Base Adventures take place in remote settings. Each crew is responsible to provide trained leadership capable of dealing with medical emergencies until emergency medical (EMS) personnel arrive. At least one adult crew leader must complete Wilderness First Aid and CPR. It is strongly recommended that every adult leader completes Wilderness First Aid and CPR and that every youth completes Wilderness First Aid or Basic First Aid and CPR.

Sea Base Specific First Aid Kit:

Along with WFA and CPR trained adult leadership, each crew must provide a Sea Base specific First Aid Kit. In addition to items found in a traditional backcountry first aid kit, your unit will need to bring:

- SPF 45 or greater biodegradable, reef safe sunscreen. Available in the Ship Store onsite and online.
- 2) Vinegar, small plastic bottle
- Sea Sickness Medication: Bonine®. Available in the Ship Store onsite and online.
- 4) SPF 45 or greater lip balm. Available in the Ship Store onsite and online.
- Non-aerosol, non-spray insect repellant. Available in the Ship Store onsite and online.

21

- 6) Swimmers Ear Drops. Available in the Ship Store onsite and online.
- 7) Benadryl® Available in the Ship Store onsite and online.

Hydration: The number one reported health concern at Sea Base is dehydration. Severe dehydration can lead to significant illness and in extreme cases death. Crews should establish and utilize a clear hydration policy and ensure that each crew member has or purchases a Nalgene style bottle with carabineer that can be fixed, clipped to the vessel. Sea Base branded Nalgene's and carabineers are available at www.fsbshipstore.com.

★ Sailing Crews should not bring metal or aluminum water bottles.

Sunscreen and Coverage:

Overexposure to sun can cause burns, blisters, and illness leading to discomfort and in some cases suspension or cancellation of crew adventures. Medical professionals and Sea Base strongly recommend that individuals taking part in activities like those at Sea Base utilize sun coverage in addition to sunscreen.

Every Sea Base participant should have:

- A long and short sleeve UPF 45 or greater shirt*
- 2) Wide Brimmed Hat*
- 3) Polarized Sunglasses*
- 4) SPF 45 or greater biodegradable sunscreen (suntan lotion, aerosol and spray sunscreens are prohibited).*

*Available onsite and online at www.fsbshipstore.com.

Special Note: 4,000–6,000 metric tons of sunscreen wash over coral reefs each year causing significant damage. Please plan to use biodegradable, reef safe sunscreen during your Sea Base Adventure. Biodegradable sunscreen can be purchased at www.fsbshipstore.com.

Ear Care: Given the aquatic nature of Sea Base programs, special consideration must be given to ear care. After snorkeling, diving or swimming participants should dry their ears to limit the possibility of **Swimmers Ear**. This can be done by tilting ones head to the side and pulling on the earlobe until confined water is released.

Motion Sickness: Due to the nature of ocean based adventures, it is inevitable that some crew members will get seasick. Vessels do not return to Sea Base because of sea sickness. Participants should speak with their physicians regarding the use of sea sickness medication. The only medication permitted for use in Sea Base Scuba programs is Bonine®.

Cleanliness: Participants should properly wash hands whenever possible and always after using the restroom, prior to cooking, prior to putting hands in mouth. Showers are available at each Sea Base facility and rented marina. Please shower.

Marine Heads: Participants are seldom accustomed to utilizing a marine head. Nothing other than bodily waste, including toilet paper, should be placed in the marine head. Paper waste should always be properly disposed of in the waste basket. Following use of the head every participant is expected to clean the head when necessary.

Sea Base Travel Plan

Each crew is responsible to plan, secure, and finance travel to Sea Base. Travel Insurance is strongly recommended. The Unit Chartering Organization, Unit Committee, parents of participants, and participants should all be made aware of travel plans. Every Sea Base crew must complete a BSA Tour & Activity Plan. A copy of each crews BSA Tour Plan and Activity Plan must be presented upon arrival.

Packing for your Adventure: Limited storage is provided for Florida based programs. No storage is provided at either Bahamas Sea Base or Sea Base St. Thomas. Crews must bring no more than (1) 24 inch duffle bag per person and no more than (2) oversized military style duffle bag per crew. Luggage, framed backpacks, wheeled bags are not permitted. Over packing for either adventure may cause you to discard items at the dock. Sea Base is not responsible for discarded items due to over packing. Custom Crew duffle bags are available for purchase www.fsbshipstore.com.

Arrival: It is essential for Sea Base Crews to arrive after 1pm, having already eaten lunch, and not later than 3pm. Crews arriving after 3pm will be unable to complete necessary preadventure training and will force their adventure to be delayed.

Departure: Florida Sea Base Crews may depart Sea Base as early as travel dictates. Early breakfast is served at 7am and regular breakfast at 8am. All crews must vacate Sea Base before 11am.

Airports: Florida Sea Base Crews can choose from multiple S. Florida Airports. Sea Base Bahamas and St. Thomas Crews must fly into the listed airports. All locations are listed below:

- Key West International Airport (EYW): Florida Sea Base Locations
- Miami International Airport (MIA): Florida Sea Base Locations and connections to Marsh Harbour, St. Thomas
- Ft. Lauderdale International Airport (FLL): Florida Sea Base Locations and connections to Marsh Harbour, St. Thomas
- West Palm Beach (PBI): Florida Sea Base Locations and connections to Marsh Harbour
- St. Thomas Cyril E. King Airport (STT): Must have US Passport or

State Issued ID and copy of Birth Certificate

Marsh Harbour Airport
 (MHH): Must have US Passports and
 Unaccompanied Minor Travel Form

Car Rental: Below are a list of rental car companies with locations on the Florida mainland and in the Florida Keys:

- Avis Rental Car 1-800-230-4898
- Budget Rental Car 1-800-218-7992
- Enterprise Rental Car 1-800-261-7331

Shuttle Service: Several agencies provide travel to and from the Florida Keys. Sea Base Crews are responsible to research tour providers and choose those that best suit crew needs. When booking it is extremely important to demand that your unit arrive at Sea Base between 1–3pm. Units arriving late may have their Sea Base Adventure delayed. Below is a list of service providers.

- Ace Tours 1-888-641-4389
- Key West Transit, Service from Key West Airport to BEC only www.kwtransit.com
- Blue Sky Adventures 1-877-225-8375
- Emerald Transport Service 1-305-852-1468
- Keys Shuttle 1-888-765-9997
- Florida Keys Express Shuttle 1-305-743-7454
- Southern Bus Line 1-888-352-2873
- Spring's Island Taxi, local only 1-305-664-4331
- Davis Tours 1-954-472-2858

Side Trips and Additional Adventures:

South Florida, USVI, and Abacos
Bahamas are amazing locations for
discovery. Pre and post Sea Base trips
can add depth to your unit's experience.
Please include all side trips, stops and
locations on your BSA Tour and Activity
Plan. Do not plan to leave Sea Base
until your adventure is complete. If
you or your unit chooses to leave Sea
Base for any reason other than medical
emergency or religious observance your
adventure will be vacated and you will
not be permitted to return.

THE BSA DOES NOT GUARANTEE THE QUALITY OF ANY SERVICE PROVIDER NOR DOES THE BSA RECOMMEND ANY PROVIDER.

Sea Base Payment Schedule, Cancellation Policy, Refund Policies

Each crew is responsible to meet all financial obligations within the allotted timeframe. Failure to provide on time payment will result in your crews cancellation. Deposits are nonrefundable. Fees are nonrefundable unless Sea Base is able to rebook the cancelled crew. All cancelled crews are subject to a \$100 processing fee.

Payment Schedule: Crews are responsible to know, understand and adhere to this payment schedule.

- \$100 deposit per individual is due within 3 weeks of reservation.
 Minimum crew sizes apply.
- Spring Crew First ½ Payment is due on or before September 1.
- Summer Crew First ½ Payment is due on or before October 1.
- Final Payment for all crews are due 90 prior to arrival.

Cancellation Policy: Please notify Sea Base immediately if your crew intends to cancel. Early notification may enable Sea Base to rebook your cancelled adventure and provide a partial refund.

- \$100 deposit per individual is not refundable.
- \$100 deposit is transferable within a crew during the same calendar year (the names may change as long as the count remains the same). These funds may not be applied to any other crew.
- Crews cancelling between deposit and first ½ payment will forfeit deposit.
- Crews cancelling after first ½ payment will forfeit 100% of funds paid.
- Crews cancelling after final payment will forfeit 100% of funds paid.
- However, if the cancelled crew is

rebooked; Sea Base will provide a full refund of fees paid minus \$100.

Hurricane: If any Sea Base facility is under evacuation orders, generally given 24–36 hours prior to potential landfall, programs are cancelled. Sea Base refunds program fees for missed program dates only. Travel insurance is highly recommended to cover the cost of travel expenses.

Inclement Weather: Participant safety is paramount. Occasionally inclement, tropical weather forces Sea Base to delay or cancel activities. Attempts will be made to reschedule activities when possible. Refunds will not be issued for program activities cancelled due to inclement weather.

Scholarships: Every youth deserves the opportunity to accompany their unit to Sea Base regardless of financial position. Limited scholarships are available to individuals with a demonstrated need. www.bsaseabase.org/resources/forms

Step 4 - Create a Unit Sea Base Crew Adventure Folder

Participation at Sea Base requires significant paperwork. It is essential that your crew compiles all necessary documents as outlined by Sea Base Eligibility Requirements, Policies and Procedures, and Crew Requirements in addition to necessary travel information in an easy to use and understand format. Crews participating in Scuba adventures must also have all documents outlined for the adventure.

Sea Base Crew Number, Participant Emergency Contacts, BSA Tour Plan, Travel Information, Training Certificates, BSA Membership Cards should be duplicated and placed into a secondary book held by a unit leader or parent who is not accompanying the crew to Sea Base. Parents, guardians, spouses should keep a copy of the BSA Annual

Health and Medical Record for each participant.

Step 5 - Adventure in Learning - Accentuating your Sea Base experience

What is the largest wilderness on Earth? The Ocean. Oceans cover 71 percent of our planet's surface and is the primary driving force of weather, temperature and life. 85% of the ocean remains unexplored. Of the entire ocean, less than 1 percent is comprised of coral reef and yet coral reefs support 25% of all sea life. This is the environment in which Florida Sea Base, Sea Base St. Thomas and Bahamas Sea Base provides adventure. Want to learn more? Visit www.bsaseabase.org for educational aids and videos.

Step 6 - Sea Base Traditions and Awards

Conservation: Take only memories, leave only bubbles. Sea Base Adventures are conducted in marine and historic sensitive environments. Participants must not touch or harm wildlife including coral. Participants must not take coral, artifacts, or shells from the Florida Keys National Marine Sanctuary or US Virgin Islands Coral Reef National Monument. Participants must properly dispose of and when possible recycle all trash and refuse.

Flag Ceremonies, Florida Adventures Only: Assembly for raising begins each morning at 7:45. Assembly for retreat begins at 5:45.

Council Shoulder Patches and Unit Numbers: Units completing a Sea Base
Adventure may affix or have its unit
numbers affixed to the galley walls at Sea
Base. BSA unit numbers are available for
purchase in the Sea Base Ship Store.

Uniforms: Sea Base requires units arrive onsite in uniform. Uniforms, field or activity, must be worn to flags.

Sea Base Custom Crew Gear: Every Sea Base participant should arrive with a long sleeve UPF 45 or greater shirt and wide brimmed hat. Sea Base provides the opportunity for units to order customized, official apparel. www.fsbshipstore.com

Conch LUAU: Florida adventures only. On the last night of your Florida Sea Base Adventure your crew will participate in a Conch LUAU. This is a special dinner festival complete with fun, music and games. Dress for the Conch LUAU should be Keys or Hawaiian style. Floral shirts are available for purchase onsite at the Ship Store.

Advancement and Merit Badges:

Advancement is not part of the formal Sea Base experience. Sea Base does not have structured merit badge programs or merit badge instructors.

★ Project S.C.E.N.E: Florida Sea Base became the first Scouting facility in the US to be designated as a Scout Center for Excellence of Nature and Environment (SCENE). Through participation in environmental programs like exotic plant eradication, potential and actual marine debris removal, fish ID and counts and by completing a project prior to arrival at Sea Base crews can earn a Project SCENE Award.

★ Captains Club: Sea Base Crews participating in any sailing program will have the opportunity to earn Sea Base Captains Club Awards. To earn this award units must: properly prepare for the adventure, elect a seasoned Youth Crew Leader, assume all vessel responsibilities, utilize proper sailing techniques, become proficient snorkelers and adhere to the Scout Oath and Law.

★ Castaway Club: Sea Base Crews participating in Out Island Adventure will have the opportunity to earn Sea Base Castaway Club Awards. To earn this award units must: properly prepare for the adventure, elect a seasoned Youth Crew Leader, assume all base and campsite responsibilities, utilize proper paddling and fishing techniques, become proficient snorkelers, exhibit enthusiasm and a positive attitude while adhering to the Scout Oath and Law.

★ Cayo Hueso Club: Sea Base Crews participating in Keys Adventure will have the opportunity to earn Sea Base Cayo Hueso Club Awards. To earn this award units must: properly prepare for the adventure, elect a seasoned Youth Crew Leader, assume all base and campsite responsibilities, utilize proper adventure techniques, become proficient snorkelers and exhibit a positive attitude while adhering to the Scout Oath and Law.

★ Duty to God: Sea Base encourages individuals and units to celebrate creation while at Sea Base. Sea Base Duty to God Award is designed to enhance adventure by propelling participants to find evidence of Higher Purpose in the oceans, reefs and marine species encountered at Sea Base.

★ Snorkeling BSA: Every Sea Base participant should arrive at BSA Sea Base having already become a proficient snorkeler. Upon arrival each participant will complete the BSA Snorkel Award.

Stand Up Paddle Boarding BSA Award: A limited number of Florida Sea Base participants will have the opportunity to earn the Stand Up Paddleboard Award.

Kayaking BSA Award: A limited number of Florida Sea Base participants will have the opportunity to earn the Kayaking Award.

Step 7 - Be Prepared-Answering Frequently Asked Questions

Are scholarships available at Sea Base? Yes! Scholarships are available for those with demonstrated need. Visit www.bsaseabase.org/resources/forms.

Who can be awarded a Sea Base Scholarship? Scholarships are available to individuals, youth and adults, and units with a demonstrated need.

Must parents register with the BSA to participate at Sea Base? Yes.

Without exception every adult leader participating in a Sea Base program must be registered with the BSA and complete Youth Protection Training, BSA Safe Swim, BSA Safety Afloat, and BSA Weather Hazards.

How old must I be to participate in a Sea Base program? 13 years of age and graduated or graduating from the 8th grade in the season of arrival OR be 14 years of age by September 1 as evidenced by Annual Health and Medical Record.

What if I am not a strong swimmer?

The Sea Base has no programs for non-swimmers or beginners. For your protection; if you are unable to complete the BSA Swim test in a strong manner you will not be allowed to participate.

Do we really need a BSA Tour and Activity Plan? Absolutely. Your crew cannot participate in Sea Base Adventures without a complete BSA Tour and Activity Plan.

Is it possible to use a sports or work medical instead of the BSA Annual Health and Medical Record? No.

You will not be allowed to participate in Sea Base programs unless you use the BSA Annual Health and Medical Record found at www.bsaseabase.org/resources/forms.

What if my doctor has not or will not sign Part C of the BSA Annual Health and Medical Record? You will not be permitted to participate at Sea Base.

What if I arrive at Sea Base without having completed a BSA Annual Health and Medical Record? You will not be permitted to participate at Sea Base.

If I am going to enter all trainings and BSA AHMR's into the online registration site, why do I need a physical copy? Submitting online will allow Sea Base to significantly expedite check in which means that your unit has more time for adventure. Your units AHMR will travel with your unit. In the case of medical emergency EMS needs to have information immediately available.

What if I arrive at Sea Base and exceed the weight limit of 295 pounds? You will not be permitted to participate at Sea Base.

I am participating in a Bahamas Sea Base Adventure. Where does my crew check in? Your crew will fly to Marsh Harbour (MHH), Abaco, Bahamas and then board a prepaid taxi to Conch Inn and Marina.

I am participating in a Sea Base St. Thomas Adventure. Where does my crew check in? Your crew will fly to St. Thomas (STT), USVI and board a prescheduled taxi to Sapphire Resort and Marina.

I am participating in a Florida Fishing, Keys Adventure or Out Island Adventure. Where does my crew check in? Brinton Environmental Center, Summerland Key, Florida, Mile Marker 23.8

I am participating in a Florida Sailing, Sea Base Scuba, STEM Eco Adventure. Where do I check in? Florida Sea Base, Islamorada, Florida, Mile Marker 73.8

What time should my crew check in? Sea Base Crews should check in no earlier than 1pm and no later than 3pm.

Should our unit travel in uniform? Absolutely. Units must arrive in BSA Uniform. Field or Activity uniforms are acceptable.

What should I pack for my adventure? A packing list is provided for each adventure. Crews traveling to St. Thomas Sea Base or Bahamas Sea Base should bring (1) 24 inch duffle bag per person and (2) oversize duffle bag per crew containing necessary items only.

Can my crew skip part of its adventure and go to Key West, Key Largo or South Beach? No. Once your unit chooses to leave Sea Base your adventure is forfeited and you may not return.

Can my crew arrive early or stay an extra day at Sea Base or aboard a vessel? Onsite optional night stays are never available for Summer Season, Bahamas Sea Base, St. Thomas Sea Base crews. No. Sea Base cannot accommodate extra night stays at any location.

What about hurricanes? Program interruption due to hurricanes are extremely rare. If Sea Base is under evacuation orders, generally given 24–36 hours prior to potential landfall, programs are cancelled and participants are evacuated. Sea Base refunds program fees for missed program dates only. Travel insurance is highly recommended to cover the cost of travel expenses, especially July–August.

What about inclement weather that keeps us off the water while at Sea Base? Your safety is paramount. Occasionally, inclement tropical weather forces Sea Base to delay or cancel activities. Attempts will be made to reschedule activities when possible. Refunds will not be issued for activities including sailing, scuba diving, paddle-boarding, kayaking, fishing, camping or others cancelled due to inclement weather.

Should I Buy Deck Shoes? Not for sailing programs. Most captains do not allow shoes of any kind, including deck shoes, while onboard.

Why should sailing crews not bring metal or aluminum water bottles?

They clang against the side of the vessel making it difficult for participants to sleep.

Where do I sleep on the sailing vessel? Due to heat most participants will choose to sleep on deck.

How much money should I bring to Sea Base? The average Florida participant spends between \$100 and \$125 while at Sea Base. The average Bahamas or St. Thomas participant spends between \$175 and \$200 per participant.

Should my crew buy snorkel gear?No. Snorkel gear is provided as part of your adventure.

Should my crew buy fishing gear? No. Fishing gear, when necessary, is provided as part of your adventure.

Where can I find a detailed itinerary?

One is not provided. Programs at Sea Base are largely weather dependent. There are no required destinations other than arrival and departure points. General outlines are provided by section in this publication.





Bahamas Sea Base Sailing Programs

Greetings from Bahamas Sea Base! You are about to set sail on the adventure of a lifetime. In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Sea Base Bahamas Crew Size: Crews may bring no more than the maximum allowed. This includes youth and adult participants.

Sea Base Bahamas Requirements: Every member of your crew must be registered with the BSA. Every Adult Leader must complete BSA Youth Protection, Safe Swim Defense and Safety Afloat, BSA Weather Hazards and your unit must provide copies of their certificates. One adult leader must complete Wilderness First Aid Training; it is recommended that every youth and adult complete the training. Every participant must provide a complete BSA Annual Health and Medical Record found at www.bsaseabase.org/resources/forms signed by a physician. Every crew member must be 13 years of age and graduated or graduating from 8th grade in the season of your arrival or 14 years of age by September 1. Every crew member must weigh less than 295 pounds as evidenced on their BSA Annual Health and Medical Record. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Packing for Bahamas Sea Base: One 24 inch duffle bag is permitted per person and two oversized military style duffle bags are permitted per crew. The 24 inch duffle bag should be used for personal gear, the military style duffle bag should be used for sleeping items and the crew first aid kit. Suitcases, hard luggage, framed backpacks, or wheeled bags are prohibited. No storage is provided.

Traveling to Abaco, Marsh Harbour

Bahamas: While traveling, please remember that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive at Marsh Harbour Airport (MHH), Abaco, Bahamas before 2pm. Upon arrival you will need to produce a US Passport and every youth participant traveling without a parent must also produce the original notarized Sea Base Unaccompanied Minor Form found at www.bsaseabase.org/resources/forms. After clearing Bahamian Customs your unit will board a taxi from the Marsh Harbour Airport to Conch Inn and Marina where a staff member will greet you and pay for your taxi ride.

Sea Base Bahamas Vessel Assignments and Itinerary: Final vessel assignments are made just prior to arrival. Weather and arrival time permitting, you will embark on your adventure Day 1 and return Day 6. Your itinerary at Sea will be based upon your physical ability and sailing knowledge, weather, and captain's preference.

Sea Base Bahamas Adventure:

Sea Base Bahamas is a 6 night 7 day adventure including your arrival and departure date.

Your first activity, as with any Scout activity, will be a review of paperwork and gear shakedown. There are limited services in Abaco, you must ensure that paperwork is correct and accurate prior to arrival.

Following completion of paperwork and shakedown; your crew will board its vessel and begin an amazing voyage on the Sea of Abaco where crew members will snorkel, fish, sail, visit settlements and experience the one of a kind adventure that is Sea Base Bahamas. Sea Base Bahamas boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a sailing vessel. The elected Youth Leader or Crew Chief will

assign duties to youth and adult crew members which will include preparing meals, cleaning the vessel (including the head), anchor watch and any other duties assigned by the captain. While aboard, the captain is the final authority figure.

Settlements: Daily you will have the opportunity to explore the islands & settlements of Abaco. Travel as a unit. While onshore please remember that you are guests of a very small community and represent not only yourselves but the BSA. Public restrooms are available in each settlement, please only use public restrooms. Enter stores and restaurants only if you intend to place an order or shop. Do not take fruit or coconuts off trees or out of yards. Do not litter. Greet people kindly and be polite.

Departing Sea Base Bahamas:

On your departure day, having spent the previous night at dock, your crew is responsible to clean and re-provision the vessel. There is no lost and found at Sea Base Bahamas, so please take all your belongings with you. Sea Base Bahamas will schedule and pay for a taxi which will take you to the airport. Depending on your airline you may be responsible to pay a \$32 per person Departure Tax. Please consult with your airline.

Sea Base Bahamas Packing List:

One 24 inch duffle bag is permitted per person and one oversize military style duffle bag is permitted per crew. Suitcases, hard luggage, framed backpacks, or wheeled bags are prohibited. No storage is provided. Custom Crew duffle bags are available for purchase www.fsbshipstore.com.

Sea Base Bahamas provides meals, fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring spending money. The Bahamian Dollar is equal to the US Dollar. The US Dollar is readily accepted. Be Prepared, everything is significantly more expensive in the Bahamas.

If you plan to bring your cell phone to the Bahamas it is essential that you consider an international plan from your cell phone carrier. Normal usage without an international plan could result in a bill of \$1,000 or more.

What to Bring Packed in 24 inch duffle bag	Nalgene style water bottle with carabineer- non aluminum*
1 UPF +45 Long Sleeve Shirt, activity uniform recommended	1 sleeping cover. Medium weight sleeping bag for winter and early spring crews, sleep- ing bag insert late spring early summer crews.
1 UPF +45 Short Sleeve Shirt, Activity Uniform recommended ★	1 lightweight sleeping pad, 1 small pillow
Wide Brimmed Hat₩	2 towels (1) regular (1) microfiber, sham 🛣
Polarized Sunglasses with strap	Toiletry Kit
16 oz. +45 SPF biodegradable sunscreen, no sprays	Flashlight, headlamp recommended**
2 pairs of shorts: (1) swim (1) boat, land	Camera, waterproof recommended
Ladies should bring a modest tankini or one piece swimsuit	
Light Pants, Zip off trek pants recommended	24 inch duffle bag, online purchase*
Rain jacket. Rain jacket and fleece for winter and early spring crews, light rain jacket for late spring and early summer crews.	Copy of Insurance Card & Prescription Medication
3 pairs socks, Sea Base recommends 1 pair of thin neoprene socks	Unit First Aid Kit★
1 pair of versatile water/land shoes	Spending Money (\$175- \$200)

★ Indicates items available at <u>www.fsbshipstore.com</u>. Please allow 4-6 weeks shipping

What Not to Bring	Aerosol sunscreen or bug spray, prohibited
Luggage, prohibited	Personal music player
Framed Backpacks, prohibited	Personal video games
Spear Guns, prohibited	Valuable or unnecessary items

IMPORTANT! — CLEARING CUSTOMS — IMPORTANT!

Every Sea Base Bahamas participant must have a valid US Passport. Sea Base Bahamas youth participants traveling without a parent must also have a notarized Sea Base Unaccompanied Minor Travel Form www.bsaseabase.org/resources/forms.





Brinton Environmental Center Programs

Brinton Environmental Center Requirements

Every member of your crew must be registered with the BSA. Every Adult Leader must complete BSA Youth Protection, Safe Swim and Safety Afloat, BSA Weather Hazards and your unit must provide copies of their certificates. One adult leader must complete Wilderness First Aid Training; it is recommended that every youth and adult complete the training. Every participant must provide a complete & current BSA Annual Health and Medical Record found at www.bsaseabase.org/resources/forms signed by a physician. Every crew member must be 13 years of age and graduated or graduating from 8th grade in the season of your arrival or 14 years of age by September 1. Every crew member must weigh less than 295 pounds as evidenced on their BSA Annual Health and Medical Record. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Participants over the age of 16 must also purchase a Florida Fishing License.



Keys Adventure Program

Greetings from Brinton Environmental Center! You have chosen to participate in the most diverse program offered by Sea Base. Get ready to hoist sails, fish the depths, snorkel coral reefs, overnight on a mangrove island and explore the Florida Keys.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Keys Adventure Crew Size: 6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Packing for Keys Adventure: While at Brinton Environmental Center you will be spending all but one night in air conditioned dormitories overlooking the Atlantic Ocean and Florida Bay. Showers and laundry facilities are available. All items should be packed into a small checked bag or backpack.

Please do not bring large suitcases. Limit items to those listed in "What to Bring."

Traveling to Brinton Environmental Center: While traveling, please remember that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive at Brinton Environmental Center between 1–3pm. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Keys Adventure Arrival and Brief Overview: Keys Adventure is a 6 night 7 day adventure including your arrival and departure date. Your first activity, as with any Scout activity, will be a review of paperwork and gear shakedown. It is essential that paperwork is complete and accurate prior to arrival.

Following completion of paperwork and shakedown; your crew will receive a tour of BEC, move into their dormitory, complete a Sea Base Swim Review, complete snorkeling lesson, eat dinner and begin to experience the one of a kind adventure that is Keys Adventure. Days will be spent fishing, sailing, snorkeling, paddle boarding, kayaking, overnighting on BIG MUNSON Island and visiting Key West. Your final evening will be spent participating in a Conch LUAU. The Adventure Never Stops!

Key West: Key West is the southernmost point in the continental United States and is rich in history and culture. Units participating in Keys Adventure should research things to do in Key West day prior to arrival at BEC. Brinton Environmental Staff will provide lunch and transportation to Key West, the remainder of the day is yours. While touring Key West it is important to remember that this is a unit activity. Stay together. Also remember that it is a BSA activity and that all activities must

align with the Guide to Safe Scouting and Youth Protection Guidelines; jet skis, scooters, scuba or snuba, bikes without helmets, parasailing and alcohol are prohibited. Dinner in Key West is the only meal not provided during your adventure so prepare accordingly.

Fishing License: Keys Adventure participants 16 years of age and older must purchase a 3 day fishing license. Your license must begin 2 days after your arrival day at BEC and can be purchased at www.myfwc.com/license. For instance; if you arrive on the 1st of the month your license will need to begin on the 3rd. Additionally, units arriving between August 6 and March 31 should also purchase a lobster tag. Note: Keys Adventure does not participate in Lobster Mini Season the last Wednesday—Thursday of July.

Departing Brinton Environmental

Center: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at BEC will be donated to local charities

Keys Adventure Packing List: Sea Base provides meals (except for your Key West day dinner), fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and padlock.

· · · · · · · · · · · · · · · · · · ·		
What to Bring	Water bottle with carabineer, coffee mug★	
1 UPF +45 Long Sleeve Shirt, Custom Crew offered	1 sleeping cover. Middle weight sleeping bag for winter and early spring crews, sleeping bag insert for late spring and summer crews	
1 UPF +45 Short Sleeve Shirt, Custom Crew offered ★	1 lightweight sleeping pad or hammock	
Wide Brimmed Hat with strap₩	1 small pillow, backpacking recommended	
Polarized Sunglasses with strap	2 towels (1) regular (1) microfiber, sham **	
16 oz. +45 SPF biodegradable sunscreen, no sprays	Toiletry Kit [₩]	
2 pairs of shorts: (1) swim trucks or swimsuit (1) boat, land★	Flashlight, headlamp recommended**	
Light Pants, Zip off trek pants recommended	Camera, waterproof recommended	
Female participants should have a one piece or modest tankini	Insect Repellent*	
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Copy of Insurance Card & Prescription Medication	
2 pairs of shoes (1) Teva style sandal (1) hard soled water shoes	Fishing license for individuals 16 and older www.myfwc.com/license	
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews. **	Spending Money (\$125- \$175)	

* Indicates items available at FSB Ship Store and www.fsbshipstore.com. Please allow 4-6 weeks shipping.

What Not to Bring	Aerosol sunscreen or bug spray, prohibited
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Mess Kits
Skateboards or bicycles, prohibited	Valuable or unnecessary items

Florida Fishing Adventure

Greetings from Brinton Environmental Center! Your week will be spent fishing the shores and backcountry of the Florida Keys and the depths of the Atlantic Ocean.

Florida Fishing Adventure Crew Size:

6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Packing for Florida Fishing

Adventure: While at Brinton Environmental Center you will be spending your nights in air conditioned dormitories overlooking the Atlantic Ocean and Gulf of Mexico. Showers and laundry facilities are available. Limited crew storage is available onsite. All items should be packed into a small checked bag or backpack. Please do not bring large suitcases. Limit items to those listed in "What to Bring."

Traveling to Brinton Environmental Center: While traveling, please remember that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive at Brinton Environmental Center between 1–3pm. If flying, your crew has several good options; Key

West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Florida Fishing Adventure Arrival and Brief Overview: Florida Fishing Adventure is a 6 night 7 day adventure including your arrival and departure date. Your first activity, as with any Scout activity, will be a review of paperwork and gear shakedown. It is essential that paperwork is complete and accurate prior to arrival.

Following completion of paperwork and shakedown; your crew will receive a tour of BEC, move into their dormitory, complete a FSB Swim Review, complete snorkeling lesson, eat dinner and begin to experience the one of a kind adventure that is Florida Fishing Adventure. Every Fishing Adventure schedule is different due to weather and season. Ideally you will spend one day offshore fishing for mahi-mahi, tuna, sailfish and wahoo. Another targeting snapper and grouper. Another in the Florida Keys backcountry and still another day will be spent in pursuit of the greatest apex predator of the planet, sharks. In addition to fishing your crew will snorkel, paddle board, kayaking and spend a day visiting Key West. Your final evening will be spent participating in a Conch LUAU.

Key West: Key West is the southernmost point in the continental United States and is rich in history and culture. Units participating in Fishing Adventure should research activities in

Key West prior to arrival at BEC. Brinton Environmental Staff will provide lunch and transportation to Key West, the remainder of the day is yours. While touring Key West it is important to remember that this is a unit activity. Stay together. Also remember that it is a BSA activity and that all activities must align with the Guide to Safe Scouting and Youth Protection Guidelines; jet skis, scooters, scuba or snuba, bikes without helmets, parasailing, and alcohol are prohibited. Dinner in Key West is the only meal not provided during your adventure so prepare accordingly.

Fishing License: Fishing Adventure participants 16 years of age and older must purchase a 7 day fishing license. Your license can be purchased at www.myfwc.com/license. Additionally, units arriving between August 6 and March 31 should also purchase a lobster tag. Note: BEC does not participate in Lobster Mini Season the last Wednesday—Thursday of July.

Departing Brinton Environmental Center:

A Scout is Clean. Prior to departure your crew will



be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at BEC will be donated to local charities

Florida Fishing Adventure Packing

List: Sea Base provides meals (except for your Key West day dinner), fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific first aid kit and padlock.

What to Bring	Water bottle with carabineer, coffee mug≭
1 UPF +45 Long Sleeve Shirt, activity uniform recommended★	1 sleeping cover. Middle weight blanket.
1 UPF +45 Short Sleeve Shirt, activity Uniform recommended★	1 set of bunk bed sheets and pillow case
Wide Brimmed Hat with strap₩	1 small pillow
Polarized Sunglasses with strap*	2 towels₩
16 oz. +45 SPF biodegradable sunscreen, no sprays ★	Toiletry Kit★
2 pairs of shorts: (1) swim trucks or swimsuit (1) land	Flashlight, headlamp recommended*
Light Pants, zip off trek pants recommended★	Camera, waterproof recommended★
Female Participants should have a full piece or conservative tankini	Insect Repellent*
3 pairs socks, Sea Base recommends 1 pair of neoprene socks ★	Copy of Insurance Card & Prescription Medication

1 pair of versatile water/land shoes	Fishing license for individuals 16 and older www.myfwc.com/license
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125–\$175)

★ Indicates items available at FSB Ship Store and <u>www.fsbshipstore.com</u>. Please allow 4-6 weeks shipping

What Not to Bring	Aerosol sunscreen or bug spray, prohibited
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Mess Kits
Skateboards or bicycles, prohibited	Valuable or unnecessary items

Out Island Adventure

Greetings from the Brinton
Environmental Center! You have chosen
to participate in the high adventure
experience of a lifetime; Out Island
Adventure on Big Munson. Your crew
will learn that the difference between
adventure and ordeal is attitude.
Together you will accept your adventure
as your own. Together you will Live
Adventure!

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Out Island Adventure Crew Size: 6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Packing for Out Island Adventure:

All items going to Big Munson will be packed into a Sea Base supplied dry bag. While no showers or laundry facilities are available on the island, they are at Brinton Environmental Center. Limited crew storage is available onsite. All items should be packed into a small checked bag or backpack. Please do not bring large suitcases. Limit items to those listed in "What to Bring."

Not all items on the list will be used on Big Munson Island.

Traveling to Brinton Environmental Center: While traveling, please remember that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive at Brinton Environmental Center between 1–3pm. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Out Island Adventure Arrival and Brief Overview: Out Island Adventure is a 6 night 7 day adventure including your arrival and departure date.

Following completion of paperwork and shakedown; your crew will receive a tour of BEC, move into their dormitory, complete a FSB Swim Review, complete snorkeling lesson, eat dinner and begin to experience the one of a kind adventure that is Out Island Adventure. Day 2 your crew will paddle aboard a Polynesian War Canoe 5 miles through the Atlantic Ocean to Big Munson Island. You will have 3 full days of adventure on Big Munson Island. Day 3 will be spent exploring the island by

land, snorkel, kayak and shark fishing. Day 4, weather permitting, will be spent fishing from a power boat off shore of the Florida Keys with the hope of adding fish and or lobster to your evening meal. The last full day, Day 5, will be spent snorkeling at Looe Key or the patch reef Munson Rocks and working on an environmental project. Your final evening will be a celebration of adventure and a closing campfire. Day 6 your crew will bid farewell to Big Munson Island and paddle 5 miles back to BEC for closing Conch LUAU.

Big Munson Island: Big Munson Island is comprised of hardwood hammocks, low mangrove swamps and a sandy beach. Your crew will wade ashore with your food, water and equipment. Hard soled water shoes are essential. Depending on tide and weather, water may be knee high or up to your chest. Four man tents, already set up, are provided for each two participants along with a complete campsite including cooking equipment. Hammocks can be used in most campsites on Big Munson Island and are available in the Ship Store for purchase.

Fishing License: Out Island Adventure participants **16 years of age and older** must purchase a 3 day fishing license. Your license must begin 2 days after

your arrival day at BEC and can be purchased at www.myfwc.com/license. For instance; if you arrive on the 1st of the month your license will need to begin on the 3rd. Additionally, units arriving between August 6 and March 31 should also purchase a lobster tag. **Note**: Out Island **does not** participate in Lobster Mini Season the last Wednesday–Thursday of July.

Departing Brinton Environmental Center: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at BEC will be donated to local charities.

Out Island Adventure Packing List:

Sea Base provides meals, fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and padlock.

What to Bring	Water bottle with carabineer, coffee mug★
1 UPF +45 Long Sleeve Shirt, activity uniform recommended	1 sleeping cover. Middleweight sleeping bag for winter and early spring crews, sleeping bag insert for late spring early summer crews.
1 UPF +45 Short Sleeve Shirt, activity Uniform recommended★	1 lightweight sleeping pad*
Wide Brimmed Hat with strap ★	1 small pillow, backpacking recommended
Polarized Sunglasses with strap*	2 towels (1) regular (1) microfiber, sham 💥
16 oz. +45 SPF biodegradable sunscreen, no sprays	Toiletry Kit★
2 pairs of shorts: (1) swim trucks or swimsuit (1) land★	Flashlight, headlamp recommended*

Light Pants, zip off trek pants recommended	Camera, waterproof recommended★
Female Participants should have a full piece or conservative tankini	Insect Repellent*
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Copy of Insurance Card & Prescription Medication
2 pairs of shoes (1) Teva style sandal (1) hard soled water shoes	Fishing license for individuals 16 and older www.myfwc.com/license
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125- \$175)
Medicated Powder ★	

★ Indicates items available at FSB Ship Store and www.fsbshipstore.com. Please allow 4-6 weeks shipping

What Not to Bring	Aerosol sunscreen or bug spray, prohibited
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Mess Kits
Skateboards or bicycles, prohibited	Valuable or unnecessary items

Marine STEM Adventure Program

Greetings from the Florida Sea Base! You have chosen to participate in the learning adventure of a lifetime. Your unit will paddle, snorkel, and embark upon the waters of the Florida National Marine Sanctuary via vessel to explore mangroves, grass beds and majestic coral reefs.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base." It is also important that you complete all prelearning modules.

Marine STEM Adventure Crew Size:

6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed. "

Packing for Marine STEM Adventure: All items should be packed into a small checked bag or backpack. Please do not bring large suitcases. Limit items to those listed in "What to Bring."

Traveling to Florida Sea Base: While traveling, please remember that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive at Brinton Environmental Center between 1–3pm. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Marine STEM Adventure Arrival and Brief Overview: Keys Adventure is a 6 night 7 day adventure including your arrival and departure date. Your first activity, as with any Scout activity, will be a review of paperwork and gear shakedown. It is essential that paperwork is complete and accurate prior to arrival.

Following completion of paperwork and shakedown; your crew will receive a tour, move into housing, complete a Sea Base Swim Review, complete a snorkeling lesson, eat dinner and begin to experience the one of a kind adventure that is Marine STEM Adventure. Days will be spent learning, fishing, snorkeling, kayaking, and visiting Mote Marine Laboratory. While pursuing each of these adventures your unit will collect data and engage in citizen science projects. Your final evening will be spent participating in a Conch LUAU. This is an Adventure with Purpose!

Mote Marine Laboratory, Summerland Keys Field Station:

Mote Marine Laboratory is one of the largest marine research laboratories in the nation. In 2017 Mote will complete a 10 million dollar renovation of its Summerland Key facility. From this state of the art facility; Mote focuses on coral reef restoration and research, coral reef monitoring, marine aquaculture research, marine microbiology, and ocean acidification. While at Mote, participants must be eager to learn and act in a professional and responsible manner.

Fishing License: Keys Adventure participants **16 years of age and older**

must purchase a 3 day fishing license. Your license must begin 2 days after your arrival day at BEC and

your arrival day at BEC and can be purchased at www.myfwc.com/license. For instance; if you arrive on the 1st of the month your license will need to begin on the 3rd. Additionally, units arriving between August 6 and March 31 should also purchase a lobster tag. **Note**: Keys Adventure **does not** participate in Lobster Mini Season the last Wednesday–Thursday of July.

Departing Sea Base: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at BEC will be donated to local charities.

Marine STEM Adventure Packing

List: Sea Base provides meals, fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and padlock.

What to Bring	Water bottle with carabineer, coffee mug≭
1 UPF +45 Long Sleeve Shirt, Custom Crew offered ★	1 sleeping cover. Middleweight sleeping bag for winter and early spring crews, sleeping bag insert for late spring early summer crews.
1 UPF +45 Short Sleeve Shirt, Custom Crew offered ★	1 lightweight sleeping pad or hammock*
Wide Brimmed Hat with strap★	1 small pillow, backpacking recommended
Polarized Sunglasses with strap*	2 towels (1) regular (1) microfiber, sham*
16 oz. +45 SPF biodegradable sunscreen, no sprays ★	Toiletry Kit★
2 pairs of shorts: (1) swim trucks or swimsuit (1) boat, land★	Flashlight, headlamp recommended **

Light Pants, zip off trek pants recommended	Camera, waterproof recommended**
Female participants should have a one piece or modest tankini	Insect Repellent*
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Copy of Insurance Card & Prescription Medication
2 pairs of shoes (1) Teva style sandal (1) hard soled water shoes	Fishing license for individuals 16 and older www.myfwc.com/license
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125- \$175)

\bigstar Indicates items available at FSB Ship Store and $\underline{www.fsbshipstore.com}.$ Please allow 4-6 weeks shipping

......

What Not to Bring	Aerosol sunscreen or bug spray, prohibited
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Mess Kits
Skateboards or bicycles, prohibited	Valuable or unnecessary items



Florida Sea Base Sailing Programs

Florida Sea Base Requirements: Every member of your crew must be registered with the BSA. Every Adult Leader must complete BSA Youth Protection, Safe Swim and Safety Afloat, BSA Hazardous Weather and your unit must provide copies of their certificates. One adult leader must complete Wilderness First Aid Training; it is recommended that every youth and adult complete the training. Every participant must provide a complete and current BSA Annual Health and Medical Record found at www.bsaseabase.org/resources/forms signed by a physician. Every crew member must be 13 years of age and graduated or graduating from 8th grade in the season of your arrival or 14 years of age by September 1. Every crew member must weigh less than 295 pounds as evidenced on their BSA Annual Health and Medical Record. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Participants do not need to purchase a Florida Fishing License.





Coral Reef Sailing

Greetings from Florida Sea Base! You are about to embark upon a sailing, snorkeling, fishing adventure unlike any other.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Coral Reef Sailing Crew Size: 6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Packing for Coral Reef Sailing Program: All items going aboard

Program: All items going aboard your vessel will be packed into a 24 inch duffle bag provided by Sea Base. Custom Crew duffle bags are available for purchase at www.fsbshipstore.com. While no showers or laundry facilities are available aboard, there are at Florida Sea Base. Limited crew storage is available onsite. For travel; all items should be packed into a small checked bag-backpack. Please do not bring large suitcases. Limit items to those listed in "What to Bring."

Traveling to Florida Sea Base: While traveling; please remember that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive at Florida Sea Base between 1–3pm having already eaten lunch. If flying, your crew has several good options; Key West International, Miami International, Hollywood-Fort Lauderdale International airports.

Due to parking restrictions it is important that Crews choosing to rent vehicles consider a one day rental on the front side of their adventure and a single day rental on the back side of their adventure. Sea Base will provide shuttles to drop off and pick up rental vehicles in Marathon, FL.

Coral Reef Sailing Arrival and Brief Overview: Coral Reef Sailing is a 6 night 7 day adventure including your arrival and departure date.

Following completion of paperwork and shakedown your crew will have its picture taken, receive a tour, check out snorkel gear, complete a FSB Swim Review, complete BSA Snorkeling, provision your vessel, eat dinner and begin to experience the one of a kind adventure that is Coral Reef Sailing. Coral Reef boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a sailing vessel.

The elected Youth Leader will assign duties to youth and adult crew members which will include preparing meals, cleaning the vessel including the head, anchor watch and any other duties assigned by the captain. While aboard, the captain is the final authority figure.

Each Coral Reef Sailing Adventure itinerary is different due to weather, season and your arrival time. All crews will board their vessel Day 1, but some may not leave the dock until morning of Day 2. After a few days on the water you will return to port to provision ice, water, refuel and take part in midweek activities. Crews will spend their mid-week night aboard their vessel at the dock and set sail again the next morning. Day 6 crews will return to Sea Base. Once docked your crew will clean the vessel, return snorkel gear and move into your dorm room and then onto Conch LUAU!

Departing Florida Sea Base: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at FSB will be donated to local charities. Once packed your crew may leave Sea Base as early as necessary. Early breakfast is served at 7am and regular breakfast at 8am. Crews may remain onsite no later than 11am.

Coral Reef Adventure Packing List:

Sea Base provides meals, fishing equipment, snorkeling

equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.bsaseabase.org. Units must supply a Sea Base specific First Aid Kit and padlock. Most captains will not allow participants to wear shoes aboard. Please do not purchase expensive deck or sailing shoes for your adventure.

equipment, shortening	
What to Bring	Water bottle with carabineer, coffee mug≭
1 UPF +45 Long Sleeve Shirt, activity uniform recommended*	1 sleeping cover. Middleweight sleeping bag for winter and early spring crews, sleeping bag insert for late spring and summer crews.
1 UPF +45 Short Sleeve Shirt, activity Uniform recommended ★	1 lightweight sleeping pad **
Wide Brimmed Hat with strap ★	1 small pillow, backpacking recommended
Polarized Sunglasses with strap★	2 towels (1) regular (1) microfiber, sham 🔻
16 oz. +45 SPF biodegradable sunscreen, no sprays **	Toiletry Kit₩
2 pairs of shorts: (1) swim trucks or swimsuit (1) boat, land ★	Flashlight, headlamp recommended*
Light Pants, Zip off trek pants recommended	Camera, waterproof recommended*
Female Participants should have a one piece or conservative tankini	Insect Repellent*
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Copy of Insurance Card & Prescription Medication
2 pairs of shoes (1) athletic (1) sandals	Unit First Aid Kit₩
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125- \$175)

★ Indicates items available at FSB Ship Store and <u>www.fsbshipstore.com</u>. Please allow 4-6 weeks shipping.

What Not to Bring	Deck shoes, water shoes
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Mess Kits
Skateboards or bicycles, prohibited	Metal or aluminum water bottles
Aerosol sunscreen or bug spray, prohibited	Valuable or unnecessary items

STEM Eco Adventure

Greetings from Florida Sea Base! The largest and most ecologically diverse wilderness on Earth awaits your exploration. Covering 71% of the planet, oceans remain 85% undiscovered. During your adventure you will study and explore four unique ecosystems; mangrove hammocks, sea grass beds, hardpan sea floor and the beautiful Florida Coral Reef.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

STEM Eco Adventure Crew Size:

10–12 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Packing for STEM Eco Adventure
Sailing Program: All items going
aboard your vessel will be packed into a
24 inch duffle bag provided by Sea Base.
Custom Crew duffle bags are available
for purchase at www.fsbshipstore.com.
While no showers or laundry facilities
are available aboard, there are at
Florida Sea Base. Limited crew storage
is available onsite. For travel; all items
should be packed into a small checked
bag or backpack. Please do not bring a
large suitcase per person. Limit items to
those listed in "What to Bring."

Traveling to Florida Sea Base: While traveling; please remember that you are representing not only your unit but the whole of the Scouting. Please act in a responsible and kind manner. Your crew will arrive at Florida Sea Base between 1–3 pm having already eaten lunch. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

STEM Eco Adventure Sailing Arrival and Brief Overview: STEM Eco

Adventure is a 6 night 7 day program including your arrival and departure date.

Following completion of paperwork and shakedown; your crew will have its picture taken, receive a tour, check out snorkel gear, complete a FSB Swim Review, complete BSA Snorkeling, provision your vessel, eat dinner and begin to experience the one of a kind adventure that is STEM Eco Adventure. STEM Eco boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a sailing vessel.

The elected Youth Leader will assign duties to youth and adult crew members which will include preparing meals, cleaning the boat- including the head, anchor watch and any other duties assigned by the captain. While aboard, the captain is the final authority figure.

Each STEM Eco Adventure itinerary is different due to weather, season and your arrival time. All crews will board their vessel day 1, but many will not leave the dock until morning of day 2. Over the course of the next 5 days your unit will explore the underwater wilderness of the Florida Keys via snorkel, kayak, sail and scientific instruments. STEM Eco participants do not have a midweek layover at Sea Base. Instead crews will paddle mangrove trails, walk nature trails and discover learning opportunities at John Pennekamp Coral Reef State Park. Day 6 crews will return to Sea Base. Once docked your crew will clean the vessel, return snorkel gear and move into your dorm room and then onto Conch LUAU!

Departing Florida Sea Base: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at FSB will be donated to local charities. Once packed your crew may leave

Sea Base as early as necessary. Early breakfast is served at 7am and regular breakfast at 8am. Crews may remain onsite no later than 11am.

STEM Eco Adventure Packing List:

Sea Base provides meals, fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring some additional spending money.

Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and padlock. Most captains will not allow participants to wear shoes aboard. Please do not purchase expensive deck or sailing shoes for your adventure.

What to Bring	Water bottle with carabineer, coffee mug≭
1 UPF +45 Long Sleeve Shirt, activity uniform recommended	1 sleeping cover, sleeping bag insert recommended
1 UPF +45 Short Sleeve Shirt, activity Uniform recommended ★	1 lightweight sleeping pad **
Wide Brimmed Hat with strap₩	1 small pillow, backpacking recommended
Polarized Sunglasses with strap★	2 towels (1) regular (1) microfiber, sham*
16 oz. +45 SPF biodegradable sunscreen, no sprays **	Toiletry Kit₩
2 pairs of shorts: (1) swim trucks or swimsuit (1) boat, land	Flashlight, headlamp recommended*
Light Pants, zip off trek pants recommended	Camera, waterproof recommended*
Female participants should have a one piece or conservative tankini	Insect Repellent*
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Copy of Insurance Card & Prescription Medication
2 pairs of shoes (1) athletic (1) sandals	Note pad and pen
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125- \$175)

★ Indicates items available at FSB Ship Store and <u>www.fsbshipstore.com</u>. Please allow 4-6 weeks shipping.

What Not to Bring	Deck shoes, water shoes
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Mess Kits
Skateboards or bicycles, prohibited	Metal or aluminum water bottles
Aerosol sunscreen or bug spray, prohibited	Valuable or unnecessary items

Sea Exploring Adventure

Greetings from Florida Sea Base! Your crew of 18–20 is about to set sail on an epic adventure.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Packing for Sea Exploring: All items going aboard your vessel will be packed into a 24 inch duffle bag provided by Sea Base. Custom Crew duffle bags are available for purchase at www.fsbshipstore.com. While no showers or laundry facilities are available aboard, there are at Florida Sea Base. Limited crew storage is available onsite. For travel; all items should be packed into a small checked bag or backpack. Please do not bring large suitcases. Limit items to those listed in "What to Bring."

Traveling to Florida Sea Base: While traveling; please remember that you are representing not only your unit but the whole of the Scouting. Please act in a responsible and kind manner. Your crew will arrive at Florida Sea Base between 1–3 pm having already eaten lunch. If flying, your crew has several good options; Key West International (EYW), Miami International(MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Sea Exploring Arrival and Brief Overview: Sea Exploring Adventure is a 7 night 8 day program including your arrival and departure date.

Your first activity, as with any Scout activity, will be a review of paperwork and gear shakedown. It is essential that paperwork is complete and accurate prior to arrival. Following completion of paperwork and shakedown your crew will have its picture taken, receive a tour, check out snorkel gear, complete a FSB Swim Review, complete BSA Snorkeling, provision your vessel, eat dinner and

begin to experience the one of a kind adventure that is Sea Exploring.

Sea Exploring boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a sailing vessel.

The elected Youth Leader will assign duties to youth and adult crew members which will include preparing meals, cleaning the vessel including the head, anchor watch and any other duties assigned by the captain. While aboard, the captain is the final authority figure.

Each Sea Exploring itinerary is different due to weather, season, experience, desire for adventure. All crews will overnight at Sea Base in Islamorada and board their vessel Day 2 in Key West. Over the course of the next 5 days your unit will explore the waters and reefs surrounding Key West and Key West itself. Day 7; crews will return to Sea Base, return snorkel gear and move into your dorm room and then participate in Conch LUAU!

Key West: Key West is the southernmost point in the continental United States and is rich in history and culture. Units participating in Sea Exploring should pre-plan their Key West day prior to arrival at FSB. While touring Key West it is important to remember that this is a unit activity. Stay together. Also remember that it is a BSA activity and that all activities must align with the Guide to Safe Scouting and Youth Protection Guidelines; jet skis, scuba or snuba, scooters, bikes without helmets, parasailing, and alcohol are prohibited.

Departing Florida Sea Base: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at FSB will be donated to local charities. Once packed your crew may leave Sea Base as early as necessary.

Early breakfast is served at 7am and regular breakfast at 8am. Crews may remain onsite no later than 11am.

Sea Exploring Packing List: Sea Base provides meals, fishing equipment, snorkeling equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your

adventure. Note that most items are available at the Ship Store or online at www.bsaseabase.org.

Units must supply a Sea Base specific First Aid Kit and padlock. Most captains will not allow participants to wear shoes aboard. Please do not purchase expensive deck or sailing shoes for your adventure.

What to Bring	Water bottle with carabineer, coffee mug*
1 UPF +45 Long Sleeve Shirt- activity uniform recommended	1 sleeping cover- sleeping bag insert recommended
1 UPF +45 Short Sleeve Shirt- activity Uniform recommended ★	1 lightweight sleeping pad
Wide Brimmed Hat with strap₩	1 small pillow- backpacking recommended
Polarized Sunglasses with strap	2 towels (1) regular (1) microfiber- sham*
16 oz. +45 SPF biodegradable sunscreen- no sprays **	Toiletry Kit₩
2 pairs of shorts: (1) swim trucks or swimsuit (1) boat- land ₩	Flashlight- headlamp recommended*
Light Pants- Zip off trek pants recommended	Camera- waterproof recommended*
Female Participants should have a one piece or conservative tankini	Insect Repellent- Skin So Soft recommended
3 pairs sock (2) regular (1) neoprene swim socks ★	Copy of Insurance Card & Prescription Medication
2 pairs of shoes (1) athletic (1) sandals **	Unit First Aid Kit★
Light Rain Jacket **	Spending Money (\$100- \$150)

* Indicates items available at FSB Ship Store and www.fsbshipstore.com. Please allow 4-6 weeks shipping.

What Not to Bring	Deck shoes, water shoes
Spear Guns- prohibited	Personal music player or video games
Firearms or Fireworks- prohibited	Mess Kits
Skateboards or bicycles- prohibited	Metal or aluminum water bottles
Aerosol sunscreen or bug spray- prohibited	Valuable or unnecessary items



Florida Sea Base Scuba Programs

Florida Sea Base Requirements

Every member of your crew must be registered with the BSA. Every Adult Leader must complete BSA Youth Protection, Safe Swim and Safety Afloat, BSA Weather Hazards and your unit must provide copies of their certificates. One adult leader must complete Wilderness First Aid Training; it is recommended that every youth and adult complete the training. Every participant must provide a complete & current BSA Annual Health and Medical Record found at www.bsaseabase.org/ resources/forms signed by a physician. Every crew member must be 13 years of age and graduated or graduating from 8th grade in the season of your arrival or 14 years of age by September 1. Every crew member must weigh less than 295 pounds as evidenced on their BSA Annual Health and Medical Record. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

Scuba Participants are held to a high medical standard due to the inherent risks associated with Scuba Diving. Individuals seeking to participate in Scuba programs must meet Seas Base Eligibility Requirements, Scuba BSA requirements, Sea Base Risk Advisories and be approved by their physician. **Final decisions for clearance rest with Sea Base Medical Director.**

Scuba Certification Participants: All Scuba Certification Participants must complete PADI Standard Safe Diving Practices Statement of Understanding, PADI General Training Release along with the BSA Annual Health and Medical Record Parts A, B no later than January 1 for Spring Crews, March 1 for Summer Crews. BSA Annual Health and Medical Record Part C and PADI Medical Statement is due 30 days prior to arrival. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

All Scuba Adventure and Scuba Live Aboard Participants: All Scuba Adventure and Scuba Live Aboard program participants must complete PADI Release for Certified Divers along with the BSA Annual Health and Medical Record Parts A, B no later than January 1 for Spring Crews, March 1 for Summer Crews. BSA Annual Health and Medical Record Part C and RSTC/PADI Medical Statement signed by a physician is due 30 days prior to arrival. Scuba Adventure and Live Aboard participants must provide a copy of their Dive Certification Card from a Scuba BSA recognized agency and personal dive log upon arrival. These documents should also be entered into the Florida Sea Base registration system to expedite onsite processing.

BSA Recognized Training Agencies:

The Boy Scouts of America only accepts certification from R.S.T.C. W.R.S.T.C. recognized training agencies which include; NASDS, PADI, PDIC, SSI, SDI, RAID, YMCA and NAUI.

Scuba Adventure

Greetings from Florida Sea Base! Your crew will dive the third largest coral barrier reef on the planet and experience the most diverse ecosystem in North America; Florida Coral Reef.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility 50

Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Scuba Adventure Crew Size: 6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Packing for Scuba Adventure: While at Sea Base your crew will be housed in air conditioned dormitories overlooking the Atlantic Ocean and Florida Bay. Showers and laundry facilities are available. All items should be packed into a small checked bag or backpack. Please do not bring a large suitcase per person. Limit items to those listed in "What to Bring."

Sea Base provides dive equipment; mask, snorkel, fins, regulator, BCD with weight integrated pockets, weights. Individuals may bring their own equipment, other than tanks, for use at Sea Base provided the equipment is inspected and approved by Sea Base. Wetsuits are available for rental at www.fsbshipstore.com. Sea Base does not provide dive computers..

Traveling to Florida Sea Base: While traveling please remember that you are representing not only your unit but the whole of Scouting. Please act in a responsible and kind manner. Your crew will arrive at Florida Sea Base between 1–3pm having already eaten lunch. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Scuba Adventure Arrival and Brief Overview: Scuba Adventure is a 7 night 8 day program including your arrival and departure date.

Your first activity, as with any Scout activity, will be a review of paperwork. It is essential that paperwork is complete and accurate prior to arrival.

Following completion of paperwork and shakedown your crew will have its picture taken, receive a tour, check out dive gear, complete a FSB Swim Review, complete Scuba Review if time permits, eat dinner and then complete Scuba Adventure Orientation.

Each Scuba Adventure itinerary is different due to weather, season, experience and arrival time. Safety is the first priority of Sea Base. Provided optimal conditions your crew will participate in as many as 11 open water dives while at Sea Base including one night dive. All dives will be conducted within the PADI recommended 60 ft. limit for Open Water Divers. There will not be any opportunity to work on advanced certifications. On Day 7 of your adventure your crew will clean and return dive gear and participate in a Sea Base closing ceremony; Conch LUAU!

your crew will be responsible to clean your dormitory and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at FSB will be donated to local charities. Once packed your crew may leave Sea Base as early as necessary. Early breakfast is served at 7am and regular breakfast at 8am. Crews may remain onsite no later than 11am.

Scuba Adventure Packing List: Sea Base provides meals, Scuba equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and crew padlock.



Departing Florida Sea Base: A Scout is Clean. Prior to departure

What to Bring	Water bottle with carabineer, coffee mug★
1 UPF +45 Long Sleeve Shirt, Custom Crew offered★	1 sleeping cover, middle weight blanket
1 UPF +45 Short Sleeve Shirt, Custom Crew offered ★	Top and bottom sheet
Wide Brimmed Hat with strap₩	1 pillow and pillow case
Polarized Sunglasses with strap★	2 towels ★
16 oz. +45 SPF biodegradable sunscreen, no sprays **	Toiletry Kit₩
2 pairs of shorts: (1) swim trucks or swimsuit (1) land ₩	Dive logbook and certification cards**
Light Pants, Zip off trek pants recommended	Copy of Insurance Card & Prescription Medication
Female participants should have a one piece or conservative tankini	Dive Watch★
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Sea Base Specific Crew 1st Aid Kit and crew padlock
Shoes or sandals**	Wetsuit, Winter and Spring Crews only**

Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews. **

Spending Money (\$125-\$175)

★ Indicates items available at FSB Ship Store and <u>www.fsbshipstore.com</u>. Please allow 4-6 weeks shipping.

What Not to Bring	Personal Scuba Tanks
Spear Guns- prohibited	Personal music player or video games
Firearms or Fireworks- prohibited	Dive Knives
Aerosol sunscreen or bug spray- prohibited	Valuable or unnecessary items

IMPORTANT!

SCUBA Adventure participants MUST NOT fly for at least 18 hours after their last dive. To reduce your risk of Decompression Sickness, your flight home should be scheduled for 8:00 am or later.



Scuba Certification

Greetings from Florida Sea Base! Your crew will learn to dive in crystal blue and turquoise waters amid coral reefs and the most diverse ecosystem in North America. Sea Base is one of the largest PADI 5 Star IDC Resorts in the world. There is no better place to learn to dive.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Scuba Certification Adventure

Crew Size: 6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Prior to arrival: Scuba Certification participants must read PADI Open Water Manual, complete all PADI Open Water Knowledge Reviews and watch PADI Open Water Diver video..

Packing for Scuba Certification: While at Sea Base your crew will be housed in air conditioned dormitories overlooking the Atlantic Ocean and Florida Bay. Showers and laundry facilities are

available. All items should be packed into a small checked bag or backpack. Please do not bring a large suitcase per person. Limit items to those listed in "What to Bring." Sea Base provides dive equipment; mask, snorkel, fins, regulator, BCD with weight integrated pockets, weights. Individuals may bring their own equipment, other than tanks, for use at Sea Base provided the equipment is inspected and approved by Sea Base staff. Wetsuits can be rented at www.fsbshipstore.com. Sea Base does not provide dive computers.

Traveling to Florida Sea Base: While traveling please remember that you are representing not only your unit but the whole of Scouting. Please act in a responsible and kind manner. Your crew will arrive at Florida Sea Base between 1–3pm having already eaten lunch. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Scuba Certification Arrival and Brief Overview: Scuba Certification is a 7 night 8 day program including your arrival and departure date. Your first activity, as with any Scout activity, will be a review of paperwork. It is essential that paperwork is complete and accurate prior to arrival. Following completion of paperwork and shakedown your crew will have its picture taken, receive a tour, complete a Sea Base Swim Review, eat dinner and complete Scuba Certification Orientation. Day 2-3 your crew should complete classroom and pool sections. Given optimal conditions, Day 5-7 your crew will participate in multiple open water dives daily. After your final dive on Day 7 our crew will clean and return dive gear and participate in a Sea Base closing ceremony; Conch LUAU!

Departing Florida Sea Base: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory and dormitory restroom.

Please ensure that you have taken all personal items with you. Gear left at FSB will be donated to local charities. Once packed your crew may leave Sea Base as early as necessary. Early breakfast is served at 7am and regular breakfast at 8am. Crews may remain onsite no later than 11am.

Scuba Certification Packing List: Sea Base provides meals, Scuba equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and crew padlock..



	No.
What to Bring	Water bottle with carabineer, coffee mug≭
1 UPF +45 Long Sleeve Shirt, Custom Crew offered ★	1 sleeping cover, middleweight blanket
1 UPF +45 Short Sleeve Shirt, Custom Crew offered ★	Top and bottom sheet
Wide Brimmed Hat with strap ★	1 pillow and pillow case
Polarized Sunglasses with strap	2 towels*
16 oz. +45 SPF biodegradable sunscreen, no sprays **	Toiletry Kit₩
2 pairs of shorts: (1) swim trucks or swimsuit (1) land ₩	Dive logbook and certification cards**
Light Pants, zip off trek pants recommended	Copy of Insurance Card & Prescription Medication
Female participants should have a one piece or conservative tankini	Dive watch★
3 pairs sock, Sea Base recommends 1 pair of neoprene socks	Sea Base Specific Crew 1st Aid Kit and crew padlock
Shoes or sandals*	Wetsuit, Winter and Spring Crews only★
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125-\$175)

[★] Indicates items available at FSB Ship Store and <u>www.fsbshipstore.com</u>. Please allow 4-6 weeks shipping.

What Not to Bring	Personal Scuba Tanks
Spear Guns, prohibited	Personal music player or video games
Firearms or Fireworks, prohibited	Dive Knives
Aerosol sunscreen or bug spray, prohibited	Valuable or unnecessary items

IMPORTANT!

SCUBA Adventure participants MUST NOT fly for at least 18 hours after their last dive. To reduce your risk of Decompression Sickness, your flight home should be scheduled for 8:00 am or later.



Scuba Live Aboard

Greetings from Florida Sea Base! Your crew is about to embark upon a diving adventure of a lifetime. The Florida Keys National Marine Sanctuary and Florida Coral Reef boast the most diverse ecosystem in North America.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Scuba Live Aboard Crew Size: 10–12 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Packing for Scuba Live Aboard: All items going aboard your vessel will be packed into a 24 inch duffle bag provided by Sea Base. Custom Crew duffle bags are available for purchase at www.fsbshipstore.com. While no showers or laundry facilities are available aboard, there are at Florida Sea Base. Limited crew storage is available onsite. For travel: all items should be packed into a small checked bag or backpack. Please do not bring a large suitcase per person. Limit items to those listed in "What to Bring." Sea Base provides dive equipment; mask, snorkel, fins, regulator, BCD with weight integrated pockets, weights. Individuals may bring their own equipment, other than tanks, for use at Sea Base provided the equipment is inspected and

approved by Sea Base staff. Participants may rent wetsuits at www.bsaseabase. org. Sea Base does not provide dive computers.

Traveling to Florida Sea Base: While traveling please remember that you are representing not only your unit but the whole of Scouting. Please act in a responsible and kind manner. Your crew will arrive at Florida Sea Base between 1–3pm having already eaten lunch. If flying, your crew has several good options; Key West International (EYW), Miami International (MIA), Hollywood-Fort Lauderdale International (FLL) airports.

Scuba Live Aboard Arrival and Brief Overview: Scuba Live Aboard is an 7 night and 8 day program including your arrival and departure date.

Your first activity, as with any Scout activity, will be a review of paperwork. It is essential that paperwork is complete and accurate prior to arrival. Following completion of paperwork and shakedown your crew will have its picture taken, receive a tour, check out dive gear, complete a FSB Swim Review, complete Scuba Review, eat dinner and then complete Scuba Live Aboard Orientation. Each Scuba Live Aboard itinerary is different due to weather, season, and experience. All crews will overnight at Sea Base in Islamorada and then travel to and board their vessel Day 2.

Scuba Live Aboard boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a vessel.

The elected Youth Leader will assign duties to youth and adult crew members which will include preparing meals, cleaning the boat- including the head, anchor watch and any other duties assigned by the captain. While aboard, the captain is the final authority figure. Over the course of the next 5 days your unit will explore the waters and reefs surrounding the Florida Keys.

Safety is the first priority of Sea Base. Provided optimal conditions your crew will have 10–15 dives while at Sea Base including one or more night dives. All dives at Sea Base are conducted within the PADI recommended 60 ft. limit for Open Water Divers. There will not be any opportunity to work on advanced certifications. On Day 7 your crew will return to Sea Base, clean and return dive gear and participate in a Sea Base closing ceremony; Conch LUAU!

Departing Florida Sea Base: A Scout is Clean. Prior to departure your crew will be responsible to clean your dormitory

and dormitory restroom. Please ensure that you have taken all personal items with you. Gear left at FSB will be donated to local charities. Once packed your crew may leave Sea Base as early as necessary. Early breakfast is served at 7am and regular breakfast at 8am. Crews may remain onsite no later than 11am.

Scuba Live Aboard Packing List: Sea Base provides meals, Scuba equipment and everything you will need on your adventure but you will want to bring some additional spending money. Below is a list of personal items required for your adventure. Note that most items are available at the Ship Store or online at www.fsbshipstore.com.

Units must supply a Sea Base specific First Aid Kit and crew padlock. Most captains will not allow participants to wear shoes aboard. Please do not purchase expensive deck or sailing shoes for your adventure.

Special Note:Scuba Live Aboard crews will be assigned either one or two vessels depending on availability

What to Bring	Water bottle with carabineer, coffee mug≭
1 UPF +45 Long Sleeve Shirt, activity uniform recommended*	1 sleeping cover, middleweight sleeping bag for winter and early spring crews, sleeping bag insert for late spring early summer crews.
1 UPF +45 Short Sleeve Shirt, activity Uniform recommended ★	1 lightweight sleeping pad and pillow**
Wide Brimmed Hat with strap₩	2 towels (1) regular (1) microfiber, sham 💥
Polarized Sunglasses with strap	Dive watch
16 oz. +45 SPF biodegradable sunscreen, no sprays **	Toiletry Kit₩
2 pairs of shorts: (1) swim trucks or swimsuit (1) boat, land★	Flashlight, headlamp recommended**
Light Pants, zip off trek pants recommended	Camera, waterproof recommended*
Female Participants should have a one piece or conservative tankini	Insect Repellent, Skin So Soft recommended
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Copy of Insurance Card & Prescription Medication
2 pairs of shoes (1) athletic (1) sandals **	Dive logbook and certification cards*
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Spending Money (\$125- \$175)

* Indicates items available at FSB Ship Store and www.fsbshipstore.com. Please allow 4-6 weeks shipping.

......

What Not to Bring	Deck shoes, water shoes
Spear Guns- prohibited	Personal music player or video games
Firearms or Fireworks- prohibited	Mess Kits
Skateboards or bicycles- prohibited	Metal or aluminum water bottles
Aerosol sunscreen or bug spray- prohibited	Unnecessary items

IMPORTANT!

SCUBA Adventure participants MUST NOT fly for at least 18 hours after their last dive. To reduce your risk of Decompression Sickness, your flight home should be scheduled for 8:00 am or later.





Sea Base St. Thomas Sailing Programs

Greetings from Sea Base St. Thomas! You are about to set sail on an adventure flanked by National Parks and historical ports.

In preparation of your adventure it is imperative that you read, understand and adhere to Sea Base Eligibility Requirements, Sea Base Policies and Procedures and requirements outlined in "Preparing for Sea Base."

Sea Base St. Thomas Crew Size: 6–8 individuals. This number includes both youth and adult participants. Crews may not exceed the maximum number allowed.

Sea Base St. Thomas Requirements: Every member of your crew must be registered with the BSA. Every Adult Leader must complete BSA Youth Protection, Safe Swim and Safety Afloat, BSA Weather Hazards and your unit must provide copies of their certificates. One adult leader must complete Wilderness First Aid Training; it is recommended that every youth and adult complete the training. Every participant must provide a complete BSA Annual Health and Medical Record found at www.bsaseabase.org/resources/forms signed by a physician. Every crew member must be 13 years of age and graduated or graduating from 8th grade in the season of your arrival or 14 years of age by September 1. Every crew member must weigh less than 295 pounds as evidenced on their BSA Annual Health and Medical Record. Participants must bring either a US Passport or a State Issued ID and copy of their Birth Certificate. To expedite the check in process all of the documents other than ID or Birth Certificate should be entered into the Sea Base registration system.



Packing for Sea Base
St. Thomas: One 24 inch
duffle bag is permitted per
person and one oversized
military style duffle bag is
permitted per crew. The
24 inch duffle bag should
be used for personal gear,
the military style duffle bag
should be used for sleeping
items and the crew first aid
kit. Suitcases, hard luggage,
framed backpacks, or
wheeled bags are prohibited.
No storage is provided.

Traveling to St. Thomas (STT), United States Virgin Islands: While traveling, please remmber that you are representing not only your unit but the whole of the Boy Scouts of America. Please act in a responsible and kind manner. Your crew will arrive

at St. Thomas airport (STT) before 2pm. After claiming luggage your unit will board an assigned prepaid taxi from the St. Thomas Airport to Sapphire Marina where a staff member will greet you.

Sea Base St. Thomas Vessel
Assignments and Itinerary: Final
vessel assignments are made just prior
to arrival. Weather and arrival time
permitting, you will embark on your
adventure day 1 and return day 6. Your
itinerary at Sea Base will be based upon
your unit's desire for adventure, physical
ability and sailing knowledge, weather
and tides, and captains preference.

Sea Base St. Thomas Adventure: Sea Base St. Thomas is a 6 night 7 day adventure including your arrival and departure date.

Your first activity, as with any Scout activity, will be a review of paperwork and introduction. There are limited services in St. Thomas, you must ensure that paperwork is correct and accurate prior to arrival.

Following completion of paperwork and introduction your crew will board its vessel and begin an amazing voyage where crew members will snorkel. fish, sail, visit beaches, trails of the VI National Park, sugar plantations of the adjacent St. John and experience the one of a kind adventure that is Sea Base St. Thomas. Sea Base boats are working vessels; your unit, youth and adult, will learn what it is to crew aboard a sailing vessel. The elected Youth Leader or Crew Chief will assign duties to youth and adult crew members which will include preparing meals, cleaning the boat including the head, anchor watch and any other duties assigned by the captain. While aboard it is important to understand that the captain is the final authority figure.

Bays: You will have the opportunity to explore the islands of St. Thomas and St. John by swimming into shore via sheltered bays. Travel as a unit. While onshore please remember that you are guests in small communities. Use public restrooms whenever possible. Enter stores and restaurants only if you intend to place an order or shop. Do not take fruit or coconuts off trees or out of yards. Do not litter. Greet people kindly and be polite.

Departing Sea Base St. Thomas: On your departure day, having spent the previous night at the dock, your crew is responsible to clean and re-provision the vessel. There is no lost and found at Sea Base St. Thomas, so please take all your belongings with you. Sea Base St. Thomas will schedule and pay for a taxi which will take you to the airport.

Sea Base St. Thomas Vessel Packing
List: One 24 inch duffle bag is
permitted per person and two
oversize military style duffle bag
are permitted per crew. Suitcases,
hard luggage, framed backpacks,
or wheeled bags are prohibited and
will be left at the dock. No storage is
provided. Custom Crew duffle bags are

available for purchase <u>www.fsbshipstore.</u> <u>com.</u>

Sea Base St. Thomas provides meals, fishing equipment, snorkeling equipment

and everything you will need on your adventure but you will want to bring some additional spending money.

and the second s	
What to Bring Packed in a 24 inch duffle bag	algene style water bottle with carabineer*
1 SPF +45 Long Sleeve Shirt, activity uniform recommended	1 sleeping cover. Middle weight sleeping bag for winter and early spring crews, sleeping bag insert for late spring early summer crews.
1 SPF +45 Short Sleeve Shirt, Activity Uniform recommended	1 lightweight sleeping pad, 1 small pillow
Wide Brimmed Hat₩	2 towels (1) regular (1) microfiber, sham **
Polarized Sunglasses with strap	Toiletry Kit
16 oz. +45 SPF biodegradable sunscreen, no sprays **	Flashlight, headlamp recommended **
2 pairs of shorts: (1) swim (1) boat, land	Camera, waterproof recommended
Light Pants, zip off trek pants recommended	24 inch duffle bag☀
Rain jacket and fleece for winter and early spring crews, light rain jackets for late spring and summer crews.	Copy of Insurance Card & Prescription Medication
3 pairs socks, Sea Base recommends 1 pair of neoprene socks	Unit First Aid Kit★
1 pair of versatile water/land shoes	Spending Money (\$125- \$175)

* Indicates items available at www.fsbshipstore.com. Please allow 4-6 weeks shipping.

What Not to Bring	Aerosol sunscreen or bug spray, prohibited
Luggage, prohibited	Personal music player
Framed Backpacks, prohibited	Personal video games
Spear Guns, prohibited	Valuable or unnecessary items

IMPORTANT! — CLEARING CUSTOMS — IMPORTANT! Every Sea Base St. Thomas participant must have either a valid US Passport or State Issued ID and copy of their Birth Certificate. Note: While US Passports are not required, they are highly recommended.



General Manager's Letter to Crew Leaders

Welcome to the Florida National High Adventure Sea Base!! We're excited that you will be joining us for what we know will be the adventure of a lifetime. The staff of the Florida National High Adventure Sea Base is dedicated to delivering one-of-a-kind ocean adventures in a positive, encouraging and accepting environment that enhances the Scouting experience of every participant in our program, youth or adult. However, the final key to the quality of your Sea Base experience is YOU and your preparation to take part in one of our amazing adventures.

Please read this guidebook from cover to cover and encourage all Scouts to do so as well, and then make sure that the information is shared with all parents. Even if you have been here before, it is vital that you go through this information – our programs are always evolving and changing and things may not be like they were in the past. This guidebook provides you with all of the information you'll need to plan and prepare for your high adventure. Remember – A Scout is Prepared! Your organization, planning, forethought and enthusiasm will make the magic of the Sea Base come true for each and every person in your crew.

Please understand that, due to the unique nature of our programs, the Sea Base has medical requirements that are often stricter than for other Scouting activities. This is solely for the safety and protection of every Sea Base participant. Scouts and leaders with a history of asthma, diabetes and seizure disorder need to pay special attention to these requirements, especially if they are participating in scuba programs. The BSA Annual Health and Medical Record has more detailed information.

Three other Sea Base safety issues that merit special emphasis are:

Sun Block with a rating of SPF 45 or higher, preferably Reef Safe: Let's face it – sunburn is a bummer and will ruin an otherwise great experience. Our sub-tropical sun is very different from what you're used to and you can burn easily if you don't take the proper precautions. In addition, please bring lotion ONLY – no spray bottles (even pumps) and make sure it is sun block, not suntan lotion.

Plastic drinking container: All of the activities are outdoors and in the sub-tropics, it is vital that everyone hydrate well (that is – DRINK LOTS OF WATER!). There's always fresh water available, however all participants must bring their own water conveyance or purchase one in the Ship's Store. Bottles such as Nalgene® or similar products work great. You might want to have a clip like a carabiner so that it doesn't go to "Davy Jones' Locker" (that's nautical for in the ocean!).

Hat and Sunglasses: Do as our staff does – wear a hat and sunglasses whenever possible. Those that offer 100% UV protection are best and polarized lenses will help reduce glare on the water.

Also know that the Florida Sea Base offers partial *need based* scholarships to deserving Scouts who might not otherwise be able to attend. Scholarships are awarded based on need and Scouting background and involvement. Applications are available on our website www.bsaseabase.org.

The staff of the Florida National High Adventure Sea Base is looking forward to having you join us for an absolutely amazing aquatic experience! We do everything possible to live up to our slogan of "Delivering Ocean Adventures That Make a Lifetime Difference."

See you soon! Sea Base General Manager

As Sea Base Crew Leaders we have ensured that:
□We understand that all Sea Base Crews must adhere to Sea Base payment schedule. Including; \$100 per person deposit, Spring Crew ½ payment September 1 of current year, Summer Crew ½ payment October 1 of current year, 90 days prior to arrival final payment due and are committed to doing so. □ All Sea Base Crew Members, including myself, are registered with the BSA. □ Our Sea Base Crew has adequate adult leadership as outlined in Crew Leadership Requirements.
□ Our Sea Base Crew has completed our Sea Base Crew Roster including Emergency Contact Information 90 days prior to our arrival at Sea Base. □ All Sea Base Crew Adult Leaders have completed Youth Protection Training, BSA Safety Afloat, Safe Swim Defense, BSA Weather Hazards. We have secured copies of training certificates and inputted the information into the Sea Base registration system.
☐ At least (1) adult per Sea Base Crew has completed Wilderness First Aid and CPR and we have secured copies of both cards. As leaders we understand that every crew member should be trained.
□ All crew members must be 13 years of age and graduated or graduating from 8th grade in the season of their arrival or 14 years of age by September 1 as evidenced by their Annual Health and Medical Record. □ All Sea Base Crew Members weigh less than 295 pounds and my crew understands that any individual over the weight eligibility requirement will be sent
home at their own expense. □ All Sea Base Crew Members have passed BSA Swim Test in a STRONG manner which we have documented on BSA Unit Swim Classification Record administered by a BSA Lifeguard or Lifeguard from an approved agency. □ All Sea Base Crew Members have a complete BSA Annual Health and Medical signed by a physician. Each AHMR has been inputted into the Sea Base regis-
tration system. Our Sea Base Crew has completed a BSA Tour Plan and we have secured a paper copy. The Tour and Activity Plan has been inputted into the Sea Base registration system.
☐ Our Sea Base Crew has ordered or secured a Sea Base specific First Aid Kit. ☐ Our Sea Base Crew has ordered Custom Crew Shirts and Crew Photos from FSB Ship Store- if desired.
 □We have alerted Sea Base Food Service to known allergies and restrictions into the Sea Base registration system. We are aware it is our responsibility to ensure that proper accommodations have been made upon arrival at Sea Base. □All Sea Base Crew Members know and are prepared to follow the Scout Oath and Law.
Adult Crew Leader Signature
Addit Grew Leader Signature
Youth Crew Leader Signature

Adult and Crew Leader Final Checklist

Crew Leader Additional Checklist- Scuba □ Scuba Certification Participants: All Scuba Certification Participants have completed PADI Standard Safe Diving Practices Statement of Understanding, PADI Medical Statement and PADI General Training Release along with the BSA Annual Health and Medical Record Parts A, B no later than January 1 for Spring Crews, March 1 for Summer Crews. BSA Annual Health and Medical Record Part C is due 30 days prior to arrival. These documents have been copied and inputted into the Sea Base registration system. □ All Scuba Adventure & Scuba Live Aboard Participants: All Scuba Adventure and Scuba Live- Aboard Program participants have completed PADI Release for Certified Divers along with the BSA Annual Health and Medical Record Parts A, B no later than January 1 for Spring Crews, March 1 for Summer Crews. BSA Annual Health and Medical Review Part C and RSTC/PADI Medical Statement signed by a physician is due 30 days prior to arrival. These documents have been copied and inputted into the Sea Base registration system. □ All Scuba Adventure & Scuba Live Aboard Participants: All participants have provided a copy of their certification card from a BSA recognized Scuba

Additional Crew Requirements Bahamas Sea Base only
☐ Our Sea Base Bahamas Crew has completed Sea Base Travel Form 90 days prior to arrival.
☐ Bahamas Crew Members have secured a US Passport and youth traveling without a parent have completed and had notarized the unaccompanied minor form listed on the www.bsaseabase.org .
□ All Bahama Crew participants have limited gear to "What to Bring."
□ Our Sea Base Bahamas Crew will check one or two oversized Crew duffle bag in which we will store sleeping pads and covers, sunscreen, unit first aid kit and other required items. This/these duffle bags will not be substituted for luggage or any type of bag other than an oversized duffle bag capable of being folded

provider confirmed by us. These documents have been copied and inputted

into the Sea Base registration system.

☐ Our Sea Base Bahamas Crew will check one or two oversized Crew duffle bag in which we will store sleeping pads and covers, sunscreen, unit first aid kit and other required items. This/these duffle bags will not be substituted for luggage or any type of bag other than an oversized duffle bag capable of being folded into a circumference no larger than a soccer ball.
Additional Crew Requirements St. Thomas Sea Base only
□ St. Thomas Sea Base Crews have completed Sea Base Travel Form 90 days prio to arrival. □ All St. Thomas Sea Base Crew members have secured a US Passport or copies of their Birth Certificate and State Issued ID. □ All St. Thomas Crew participants have limited gear to a sleeping pad, sleeping cover and 24 inch duffle bag. □ Our Sea Base St. Thomas Crew will check one to two oversized Crew duffle bag in which we will store sleeping pads and covers, sunscreen, unit first aid kit and other required items. These duffle bag will not be substituted for luggage or any type of bag other than an oversized duffle bag capable of being folded into a circumference no larger than a soccer ball.



Resources

Bahamas Sea Base Unaccompanied Minor Travel Form

www.bsaseabase.org/resources/forms

BSA Annual Health and Medical Records www.bsaseabase.org/resources/forms

BSA Youth Protection www.scouting.org/Training/YouthProtection.aspx

BSA Field Book www.fieldbook.scouting.org/

BSA Guide to Safe Scouting www.scouting.org/filestore/pdf/34416.pdf

BSA Safety Afloat

www.scouting.org/scoutsource/HealthandSafety/Aguatics/safety-afloat.aspx

BSA Safe Swim Defense

www.scouting.org/Home/OutdoorProgram/Aquatics/safe-swim.aspx

BSA Tour and Activity Plan

www.scouting.org/scoutsource/HealthandSafety/TourPlanFAQ.aspx

BSA Troop Committee Guidebook

www.scoutstuff.org/guidebook-troop-committee.html#.Vg7em_lViko

Florida Fishing License www.myfwc.com/license

Food Restrictions FSB.Galley@Scouting.org

NAYLE www.scouting.org/scoutsource/BoyScouts/Resources/NAYLE.aspx

NYLT www.scouting.org/scoutsource/BoyScouts/Resources/nylt.aspx

Sea Base Scholarships www.bsaseabase.org/resources/forms

Scuba BSA www.scouting.org/Home/OutdoorProgram/Aquatics/ScubaBSA.aspx

Scuba BSA Merit Badge

www.scouting.org/scoutsource/BoyScouts/Advancement and Awards/Merit Badges/scuba.aspx

BSA Swim Test

www.scouting.org/filestore/Outdoor%20Program/Aquatics/pdf/430-122.pdf

Sea Base Ship Store www.fsbshipstore.com



Like us on Facebook. Follow us on Twitter and Instagram.



facebook.com/bsaseabase





instagram.com/bsaseabase



www.bsaseabase.org